

Sports pg 12

Young guns battle against Canada's best



The world's largest global newspaper

metro



MONDAY, JUNE 29, 2009

metronews.ca

Paul McCartney
A ONCE IN A LIFETIME EVENT!
PAUL McCARTNEY
HALIFAX COMMON
JULY 11, 2009
Tickets On Sale Now:
Halifax Metro Centre Box Office
Participating Atlantic Superstores
By Phone: 902.451.1221
Online: www.ticketatlantic.com

Workology pg 22



Surgeon mends hearts

IranCrisis

Metro Canada is keeping you up to date with everything you need to know about the evolving crisis in Iran. On metronews.ca

- Look back on how events have unfolded with stories, photos and video in our ongoing Unrest in Iran section
- Today
- Iran spars with U.S. and U.K., pg 8

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Halifax and Canada. On metronews.ca

- Share your SunnySide thoughts on Twitter using #sunnyside
- See what other readers are doing and saying

SameSex Marriage

Metro Canada finishes its look today at the state of same-sex marriages. Today

- An update on the status of same-sex marriages in other countries, pg 8



Rick Mercer says if you have a Canadian citizenship, you've hit the jackpot. More coverage, pgs 3, 9 & 13.

Being Canadian

Rick Mercer shares his thoughts about True North strong and free

Being Canadian means being lucky.

There are almost seven billion people on this planet and we make up around 33 million of them.

The odds of a random citizen on this Earth being Canadian is about half of one per cent.

It's a long shot that delivers a hell of a jackpot.

A citizenship, that for most of us, cost nothing to acquire, but yet is our most prized possession.

Being Canadian means we have freedom of mobility. If you want to change your name to a symbol and move to British Co-

Mercer Report

- The new season of The Rick Mercer Report starts Tuesday, Sept. 29 at 8 p.m. on CBC Television. You can also visit rickmercer.com.

lumbia — you wouldn't be the first, you won't be the last.

Being Canadian means we can worship whoever and however we want.

Which is why when we meet a member of the world wide church of the Raelians (who worship a holy trinity of UFOs, extraterrestrials and tantric

Sunny Side

sex), we shrug and say to each their own.

Being Canadian means that if your finger comes into contact with a band saw, you pop it in a plastic bag along with some ice, and it gets sewn back on for free.

Being Canadian means that in many places there is now a five-cent surcharge for shopping bags to encourage cloth bags.

Don't use these for a severed finger. In that case, pay the nickel and go with plastic.

Being Canadian means we are each protected under the Charter of Rights and Freedoms.

In Canada, Harold can marry Samantha, Carol can marry Johann and Achmed can make an honest man out of Frank.

Being Canadian means you can vote.

And when we do, governments come and governments go — and yet not a single shot is fired. Which is appropriate because in our nation's capital, the Canadian flag flies proudly over a tower that we named Peace.

— Rick Mercer

Fans snap up Jacko's music

SALES Michael Jackson will once again make music history next week as many of his albums are poised to shake up the Billboard charts with incredible sales increases.

The impact of Jackson's shocking death last Thursday was felt immediately in the marketplace. Industry sources report that the demand for Jackson's albums were so high, many stores simply ran out of his CDs.

The albums with the greatest sales increases — at least on the physical side of things — look to be



Jackon

his greatest hits packages Number Ones and The Essential Michael Jackson along with the expanded reissue of Thriller. The sets, released between 2003 and 2008, were the Jackson albums that perhaps had the most stock available in stores.

Online, where supply problems do not exist, Jackson's songs and albums swarmed the top of the constantly-updating best sellers lists in both the iTunes and Amazon online music stores. At one point Friday in the iTunes Store, nine out of the top 10-selling albums and 40 of the top 100-selling songs were by Jackson.

REUTERS

MORE COVERAGE, PG 24

CREDIT UNION ATLANTIC

LUNG RUN

SUNDAY AUGUST 9, 2009 • HALIFAX



You can go the distance.

I Lung Run. Have you ever watched someone struggle for breath? Then you know why we Lung Run. Fundraise as a team or an individual, or just come for the race. Either way, all proceeds give the gift of better breathing to Nova Scotians with lung disease.

Sign up at www.lungrun.ca

Pier 21 • 5K Run/Walk 5K Nordic Walk 1.5K Youth Run

THE LUNG ASSOCIATION™
Nova Scotia

Paul McCartney

Bring Your Own
Fold in a Bag Chair!

PAUL McCARTNEY IN CONCERT

HALIFAX COMMON - JULY 11, 2009

TICKETS ON SALE NOW:

TICKET ATLANTIC BOX OFFICE, PARTICIPATING ATLANTIC SUPERSTORES,
ONLINE: WWW.TICKETATLANTIC.COM

BY PHONE: 902-451-1221



a Marshall Arts Ltd. presentation



Teen sentenced in 2007 murder

A Dartmouth teenager is to serve another two years plus four months in the Waterville Youth Centre, plus receive intensive rehabilitation therapy for the second-degree murder of Matthew James Ayer in 2007. The sentence was handed down Friday, with the judge taking into account the now 19-year-old's time already served. **METRO HALIFAX**

3

Local



Dog Day joins Virgin Festival

Beloved Halifax indie band Dog Day has been added to the Halifax Virgin Festival lineup. The group is currently touring across Canada, promoting its new album *Concentration*. The Virgin Festival lineup already includes several big-name acts, including the Tragically Hip, the Offspring, Metric, Dinosaur Jr. and Hey Rosetta! The concert takes place July 4 at Citadel Hill. **METRO HALIFAX**

Celebrating our home and native land

Olympian says Canadians feel the love wherever they go

Sunny Side

PHILIP CROUCHER

philip.croucher@metronews.ca

Sarah Conrad loves Canada like she knows the vast majority of her country mates do.

But what makes this Olympian snowboarder feel most proud about her country is the positive things she hears about it when competing around the world.

And it's not just once or twice, either — it's everywhere, all of the time.

"It's pretty awesome," the 24-year-old said during an interview in her hometown of Dartmouth. "The one thing that Canada

has, and we should be really proud of, is our reputation. It's amazing."

Conrad cited an example of this Canadian-love, discussing times when the national snowboarding team visits small ski towns in Europe. With no big hotels to stay in, the teams are split up and stay in little family villas or chalets.

"They're so excited when they get to host Team Canada," Conrad said of the families. "It's kind of an awesome feeling. It makes you feel more wel-

come."

The welcome mat was also there for Canada at the 2006 Winter Olympics in Torino, Italy. In what was Conrad's Olympic debut she recalled being astonished at the welcome the Canadian team received.

"It was just phenomenal. Everyone just loved us," she said, smiling. "You look at the welcome the United States got, and it just wasn't the same."

"We're a pretty likeable country. It's nice to be a part of that."

Conrad will hopefully get to keep hearing those cheers at the 2010 Olympics in Vancouver.

July 1 tribute

Sarah Conrad will be participating in Wednesday's Canada Day ceremonies in Ottawa. Former, current and future Canadian Olympians are being paid tribute to during the afternoon festivities, which begin locally at 1 p.m. and will be carried live on CBC.

While she hasn't officially landed her spot, she is very close. All Conrad needs is one

top-5 finish next season to make things official.

"It's going to be crazy the amount of support we'll get — just having the crowd behind you," she said. "It's going to be unreal."



"The diversity across the country, the vastness of the country, the opportunities. I go back to the people here. When people come here from around the world they just can't get over how friendly and how great a place it is."

Mayor Peter Kelly



"I love the spirit of the Canadian people, as shown in our combination of courage and compassion, hard work, and commitment to family."

Bobby Smith, Mooseheads majority owner



"I like the wide-open space and I love the diversity of the country in terms of multiculturalism and the tolerance and acceptance that we have in the country."

Colleen Jones, CBC News Morning host



"As breathtakingly diverse as the landscape is, one thing is the exact same everywhere I've been — Canadians are the friendliest people in the world."

Jonathan Torrens, actor

metronews.ca

WHAT'S ONLINE TODAY

Video The spring market rally continues as fears of a depression begin to fade, at metronews.ca/canada

Lotteries

Friday, June 26

Lotto Super 7: 1, 11, 12, 24, 26, 27 & 28 Bonus 22

Saturday, June 27

Lotto 6/49: 5, 15, 28, 31, 32 & 45 Bonus 11

These results are not official.

2nd McCartney opener named

MUSIC Make that two Halifax bands now set to rock it out at Sir Paul McCartney's show next month at the Halifax Common.

Wintersleep, the 2008 Juno Award-winning alternative rock band, is the second opening act named for McCartney's July 11 performance. Wintersleep joins the Halifax indie rock group Joel Plaskett Emergency, which announced

last week that they were also performing at the show featuring the ex-Beatle.

"This is real big news for them," Diane Campbell, mother of Wintersleep member Loel Campbell, told the New Glasgow News.

Metro Halifax reported earlier this month that show promoter Harold MacKay, president of Power Promotional Events, was

sending tapes of Canadian bands to McCartney, who was said to be picking his own opening acts.

There's no word on any other openers.

Wintersleep has released three albums, the most recent being *Welcome to the Night Sky* in 2007. That album led to the Juno for new group of the year in 2008.

PHILIP CROUCHER/
METRO HALIFAX

News in brief

PATROLS Halifax Regional Police have announced they will be increasing enforcement in parks and green areas for the summer months. Extra patrols will be on the lookout, particularly for underage drinking, property damage, littering, lighting open fires and creating disturbances. The patrols will operate overnight on weekends. People face a \$222 fine if they're found in a park after the regular operating hours of 5 a.m. to 10 p.m.

ROBBERY Halifax Regional Police say a man with a knife and a white nylon over his face robbed a pharmacy of narcotics at the Joseph Howe Superstore Saturday night. Police say the robbery took place around 8:30 p.m. There were no injuries. The suspect is described as a white male about six feet tall. He was wearing a grey hat, light or grey jacket, jeans and was carrying a green recycling bag.

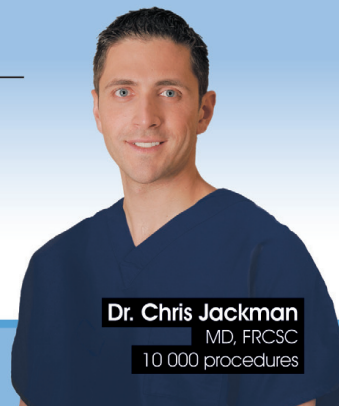
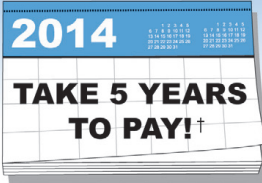
METRO HALIFAX

LASIK MD
VISION

LASIK Now. Take Until 2014 to Pay!

Starting at

\$490  /eye*

NEW
FINANCING!

Dr. Chris Jackman
MD, FRCSC
10 000 procedures

FREE Consultation: 1-866-999-0435 • HALIFAX: 1801 Hollis Street, Suite 400 • www.lasikmd.com

* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only. † 60 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

The body of a 47-year-old man from Frank George's Island was found early Friday morning by a group of fisherman. The RCMP has identified the victim as George Allan Rideout, but aren't saying how he ended up in the water. **METRO HALIFAX**

Midwives clinic opens in Dartmouth

KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

Midwife Karen Robb calls a new Dartmouth health clinic "the birth of a new profession."

"It's an important beginning," she said last week during the grand opening of the Community Midwives Clinic at 99 Wyse Rd. It's part of the IWK Health Centre and is one of three sites in the province selected to add midwives to their primary maternity care

teams.

Robb is one of four midwives hired by the Halifax-based children's hospital in early April to work out of the new clinic. Although small in size, the clinic was bustling with big excitement Thursday as the first family to use its services, including a gurgling 10-week-old Linnea Isabella, stopped by for the official opening ceremony.

New parents Karin Wallace and Terry Murray-Arnold said they chose to use a midwife before, dur-

Profession

• Nova Scotia is the first Atlantic province to regulate the profession. Women who want to learn more about midwifery can call the clinic at 491-2292.

ing and after giving birth to Linnea for "continuity of care." The Clayton Park couple said working with midwife Kelly Chisholm was much more than what they expected.

"When we first told peo-

ple ... I think they thought I was having a home birth and burning incense," Wallace said. "I always planned a hospital birth, but what I wanted was a ... professional that would not only deal with my physical health, but all of the questions ... that I had surrounding it."

Murray-Arnold said he's concerned that there are only four provincially funded midwives in the Halifax area. "There's going to be such a demand when parents find (out) that the service is available."

N.S. firm wins tar ponds job

ENVIRONMENT The biggest single contract associated with the cleanup of the Sydney tar ponds has gone to a Cape Breton company in partnership with an American firm, in what was described as a defining moment for the project.

The \$52-million contract to solidify and stabilize the north and south ponds was awarded to Nordy's Environmental, a Cape Breton company owned by J&T van

Zutphen Construction Inc. of Southwest Mabou, and ECC of Marlborough, Mass. Federal Minister of National Defence Peter MacKay and provincial MLA Gordie

Gosse, on behalf of Minister of Transportation and Infrastructure Renewal Bill Estabrooks, made the announcement at the site's materials processing facility Friday morning.

"Simply put, this is the heart and soul of this project, or as someone said to me on the way in, this is the guts of it," MacKay said. "It's a \$10-million job for five years in a row, so it's not too often you get those in Cape Breton," John van Zutphen said.

Tar ponds sediments will be solidified and contaminants, including PCBs, will be stabilized. Larger items found in the ponds will be removed and taken to the materials processing facility. Cement will be mixed into contaminated material, immobilizing hazardous contaminants. The site will be capped and a layer of clean soil will be placed atop it.

CAPE BRETON POST

News in brief

LESSONS Live life to its fullest was a key theme to valedictorian Christina Appleby's address Friday night to more than 400 graduates at Cobequid Educational Centre. The Truro

resident said students learned some tough lessons and that life is fragile during the school year. "We have had a couple of deaths this year," she said before the ceremony. On Thursday, 18-

year-old Gage Lewis died in a motorcycle crash. The ceremony began with a moment of silence for four students who died this school year, including Lewis.

TRURO DAILY NEWS

2009 RANGER FEL
from **\$12,999***
0 DOWN • 0 FIRST PAYMENT
FAIRLEY & STEVENS SINCE 1948
www.fairleyused.ca www.fairleyandstevens.com
482-7777 • 580 WINDMILL ROAD, DARTMOUTH

*excludes freight & taxes, see dealer for details

Multicultural fest **Balancing act**



Paula Domondon, right, and fellow dancers with the Filipino Association of Nova Scotia show their balancing skills as they perform a binusuan dance Saturday at the Multicultural Festival at Alderney Landing. The festival celebrated its 25th anniversary over the weekend.

Two men stabbed in suspected domestic dispute

INVESTIGATION Two people were sent to hospital Saturday evening after both were stabbed in a suspected domestic dispute.

Halifax Regional Police say they first received a report of someone being stabbed on

Highfield Park Drive in Dartmouth at 7:30 p.m. They arrived at an apartment building to discover two men who had been stabbed by a third man.

Both victims were taken to the Dartmouth General Hos-

pital with non-life-threatening injuries. After interviewing the victims police say a suspect was arrested at another residence shortly afterwards. As of yesterday no charges had yet been laid.

PAUL MCLEOD/METRO HALIFAX



A passerby walks in front of Video Difference on Quinpool Road yesterday. Halifax Regional Police say a man tried to rob the popular video store three times in three nights.

Man arrested after store hit 3 times

Suspect possibly attempting fourth try in 3 nights: Police

PAUL MCLEOD
paul.mcleod@metronews.ca

Halifax Regional Police say a man may have been trying to rob Video Difference for a fourth time in three nights, but never got the chance.

Police say they arrested a man outside the popular video store early Sunday morning, possibly putting an end to a bizarre Quinpool Road-area crime spree.

In total police say there were five robberies and one attempted robbery believed to be committed by the same person. All of them were in the Quinpool Road area and took place over three nights. Police say the man had no weapons in any of the robberies.

On Saturday evening at around 11 p.m. a man allegedly entered Domino's Pizza on Quinpool and demanded money. Staff were said to have laughed at him, and forced him to leave empty handed.

Minutes later the suspect re-appeared at Video Difference. Police say the rental store had been the most frequent target in the string of robberies, having been hit

Charges

• Police say the man is now charged with five counts of robbery and one count of attempted robbery. He remains in police custody and will appear in Halifax provincial court this morning.

three times in three consecutive nights. But this latest time there was said to be only about \$20 in the till.

Apparently unsatisfied, the man returned a few hours later at about 2 a.m. But police say plain-clothed police officers were on the lookout for the suspect, and a 31-year-old man was taken into custody outside of the store.

Police said by this point, they had a good idea of who they were looking for after having seen security footage from the previous robberies.

"It's a little unusual. With these types of robberies in a short period of time you have to look a little bit deeper," said Sgt. Mark Hobeck of HRP. "That's something they're looking at as to motive of why he would be that desperate to hit six places in a couple of days."

Start Saving Money Today!

CUBA

 **85** ¢/min

INDIA

 **5.9** ¢/min







PHILIPPINES

 **11.9** ¢/min

Latin America

-  Colombia..... 3.9 ¢
-  Ecuador..... 12.9 ¢
-  Guatemala.... 10.9 ¢
-  Guyana..... 27.9 ¢
-  Honduras..... 15.9 ¢
-  Trinidad..... 7.9 ¢

South Asia

-  Afghanistan.. 24.9 ¢
-  Bangladesh..... 3.9 ¢
-  Bhutan..... 15.9 ¢
-  Nepal..... 7.9 ¢
-  Pakistan..... 5.9 ¢
-  Sri Lanka..... 11.9 ¢

Middle East

-  Egypt..... 14.9 ¢
-  Iran..... 3.9 ¢
-  Syria..... 18.9 ¢
-  Lebanon 9.9 ¢
-  Saudi Arabia..... 3.9 ¢
-  U.A.E..... 16.9 ¢

No Matter Where
You Call,
No Matter What
Rate You Pay,
Comwave Will Beat
it... **Guaranteed!**

Even if you're Paying Less
than our Advertised Rates,
Call Today and we'll Beat it...

GUARANTEED!

Make Long Distance calls to Anywhere
in the World from your Cell Phone at
Comwave's **GUARANTEED** Lowest Rates

- ✓ No need to cancel your service provider.
- ✓ \$10 Free Long Distance for every friend you refer
- ✓ No Contracts



The Comwave Bundles

INTRODUCING
The
North America 500

\$5 /month = **500** Minutes per Month

U.S.A

Canada



only **1¢** /min

Call over 20 Countries

only **1¢** /min

The Comwave Global Bundle

\$10 /month = **1000** Minutes per Month = **1¢** /min

Argentina Belgium Brazil Canada China Denmark France

Germany Hong Kong Ireland Israel Italy Mexico Poland

Portugal Russia Singapore Spain Sweden UK USA



www.comwave.net

1-866-519-8090

Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Terms and conditions apply. Please see www.comwave.ca for full details. The Comwave Global Bundle does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paulo. Calls to Mexico on this bundle are to Mexico City and Monterrey. Calls to Russia on this bundle are to Moscow and St. Petersburg. North America 500 does not include calls to the Yukon, Nunavut, Hawaii, Alaska or N.W.T. Terms and Conditions apply see www.comwave.net for details. While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time.

Man killed in Pictou accident

A 54-year-old Pictou County man died Thursday night following a single vehicle accident on Pictou Landing Road. Police say the victim was travelling towards Trenton in heavy rain when his vehicle left the road and overturned. **METRO HALIFAX**

Four thousand watch Queen's Colour

Governor General dons military attire for Garrison Grounds ceremony

LESLEY PIKE
for Metro Halifax

A sea of blue covered Garrison Grounds in Halifax Saturday morning as 500 Canadian navy men in uniform paraded around the field in celebration.

The reason for all the joy was a new flag — the Queen's Colour — that was presented to the Cana-

dian navy by Gov. Gen. Michaëlle Jean.

The Queen's Colour is a ceremonial flag presented to the navy on behalf of the Royal family every 30 years.

It represents the Canadian navy's loyalty to the Royal family and to Canada.

About 4,000 people watched the ceremony from spots on Citadel Hill above Garrison Grounds.

"Every once in a while you have to renew those vows of service to country, re-affirm the honour and privilege we have to serve and (the) respect we have for all those people who went before us," said Capt. John Newton, a Commander of Halifax's navy base.

The Governor General showed her respect for the occasion by wearing a full military uniform, and spoke highly of those who serve in the Canadian military.

"It is an honour and a source of great pride for me to wear your uniform," Jean said Saturday during her speech.

Saturday's ceremony took an entire year of preparation.

The sailors who participated began training a month ago and the 100-piece band that played started practising together two weeks ago after arriving from points across the country.

The event cost about \$400,000, "in addition to what we do on a day to day basis," Newton said.

Lead Seaman James Chilton, a trombone play-



Above: Gov. Gen. Michaëlle Jean presents the New Colour during Saturday's Queen's Colour ceremony on the Garrison Grounds. Below: The Old Colour is trooped around the Garrison Grounds during the consecration and presentation of the Queen's Colour to Maritime Command.



er from the HMCS York, said he wasn't nervous about performing in the event, but was "maybe a little (nervous) to finally see the Governor General."

Jean's appearance was a top moment for many, including Newton.

"The highlight was Michaëlle Jean and those very profound words of what it means to be in the military service," he said.

Soldier recalls moments after shooting

COURT MARTIAL Karen Megeney clutched her husband Dexter's hand as she listened to emotionally charged testimony on the first few moments that followed her son being shot in the chest by a fellow soldier in Kandahar, Afghanistan.

Master Cpl. Matthew McKay heard the gunshot blast and his instincts told him it sounded like a 9-millimetre Browning pistol, he told lead prosecutor Lt.-Cmdr. Robert Fetterly during questioning Friday, the second day of the Cpl. Matthew Wilcox court martial in Sydney. The tent had the smell of gunpowder, he said. At the back section of the tent he found Cpl. Kevin Megeney, bloodied and slumping to the ground. Wilcox had grabbed Megeney's right shoulder and tried to prop his head up. Megeney stopped breathing a short time later. Wilcox, 23, a member of the 2nd Battalion of the Nova Scotia Highlanders, is charged with manslaughter, criminal negligence causing death and negligent performance of duty in Megeney's death on March 6, 2007. Wilcox of Glace Bay and Megeney of Stellarton, Pictou County, were alone in a tent on the Kandahar airfield base when Megeney was shot.

In testimony Thursday, Master Cpl. Kyle Keigan said Wilcox told him the two were playing "quick draw," a game to see which soldier could pull their gun faster from the holster into a firing position.

CAPE BRETON POST

Hit with the crowd

• A crowd of around 4,000 gathered early Saturday morning to watch the Queen's Colour ceremony, and most left happy with what they saw.

"I loved the marching. I love the bands. I love the slow march. It was all just wonderful," Halifax resident Debby Lordly said after the event. Ryan and Krista Richards took their three children to the Queen's Colour, and were among many who watched the event from Citadel Hill down towards the Garrison Grounds. "It was historical and I just thought the kids ought to see the history behind the colour (flag) and the dignitaries," Krista Richards said. Her husband and children liked the shooting of the guns the best, they said. This ceremony is one of the many leading up to the the Canadian Naval Centennial.

Next up is a re-enactment of the founding of the Royal Navy Dockyard in Halifax, July 18 at Bishop's Landing.

NO NO NO!

2010 COROLLA:
» There's never been a better time to buy a Corolla.

LEASE FROM	PURCHASE FROM
\$112 BI-WEEKLY	\$14,990

NO down payment
NO security deposit
NO money due on delivery

Toyota Real Value Event

2010 MATRIX: Available All Wheel Drive.
» There's never been a better time to buy a Matrix.

LEASE FROM	PURCHASE FROM
\$121 BI-WEEKLY	\$16,440

O'REGAN'S
DRIVING HIGHER STANDARDS

50 BEST MANAGED COMPANIES

TOYOTA DARTMOUTH
60 Baker Drive, Unit A
902-464-9550
1-800-464-0222

TOYOTA HALIFAX
3575 Kempt Road
902-453-2331
1-888-606-7077

TOYOTA
make things better

OREGANSTOYOTA.COM

* 2010 Corolla/Matrix MSRP of \$15,260/\$16,440 based on model BU42EM-A/KU44EM-A. **Leasing plans from O'Regan's National Leasing. ***Corolla CE/Matrix lease based on a 60/60-month walk away lease and lease rate of 6.5%/6.5%. Total lease obligation of \$14,560/\$15,830 with \$0 down. Purchase option price of \$6,954/\$7,247 based on 100,000/100,000 kms. Lease includes a maximum of \$1,320/\$1,320 for freight & P.D.E. Vehicles may not be exactly as shown. Offers valid until July 31st, 2009. Program subject to change without notice. See O'Regan's Toyota for details.

Charles and Camilla plan Canada trip

Prince Charles and his wife are coming to Canada this November, Gov.-Gen. Michaëlle Jean announced yesterday, CBC News Online reports. **METRO NEWS SERVICES**

7

Canada



Court rules for social workers

Manitoba social workers were right to force a Jehovah's Witness teenager to get a blood transfusion even though she said she felt it was like being raped, the Supreme Court of Canada ruled on Friday. It was already clear under Canadian court decisions that babies and young children could be forced to get transfusions when authorities deemed this was needed but this case revolved around whether "mature minors" could make up their own mind. **REUTERS**

Abdelrazik makes his homeward journey

After six years in exile and federal court ruling, Sudanese-born Canadian returns to unite with family

His name is on the no-fly list, but Saturday he was flying high above rippled clouds blanketing the world below on his way home to see his family for the first time in six years.

Abousfian Abdelrazik was five hours into a flight from Abu Dhabi to Toronto when he looked up from behind his glasses in the front row of the darkened cabin and smiled.

"Yes," he had managed to fall asleep for a little while.

"Yes," he had something to eat from the halal menu, which offered lamb kofta with tomato-flavoured rice and cucumber salad with feta cheese.

He nodded and introduced himself but he would save all his other words for when he stepped onto Canadian soil.

"This is a personal and momentous occasion for him," his lawyer Yavar Hameed said by way of ex-

plaining the silence of his client, whom the federal government repatriated under fire yesterday after he had to sleep on a cot in the weight room of the Canadian Embassy in Khartoum for more than a year.

Abdelrazik had roused Hameed from his slumber in the seat beside him with whispers of how he did not want to talk — about anything at all — until he landed at Pearson International Airport Saturday afternoon.

"That is his wish," said the Ottawa lawyer.

Seven hours later cameras and cheering supporters carrying bright orange posters surrounded the 47-year-old Sudan-born man from Montreal as he walked into the public area of the airport as other travellers waiting for their own friends and family to arrive wondered what all the fuss was about.

"I am very glad to come

back home," said Abdelrazik, whose grey beard betrays how long it has been since someone took the oft-published recognizable photograph of him in a yellow shirt holding a small child on his lap.

"I just flew from Sudan to Canada. I am very tired. I want to say to my supporters from coast to coast, in every town, in every city, in every village, thank

"This is a personal and momentous occasion for him."

Lawyer Yavar Hameed on Abousfian Abdelrazik

you very much for your supporting me and for

your effort," he said from the middle of the throng. "Now I am here. Thank you very much and I am glad to be a citizen of this famous nation."

Then he hopped into a vehicle that would carry him to Montreal to be reunited with his children.

It had been a long journey that began years before the June 4 ruling by a Federal Court judge order-



Abousfian Abdelrazik gestures as his step-daughter Wafa Sahine speaks to the media after arriving in Montreal yesterday after six years of exile in Sudan.

ing Ottawa to return Abdelrazik from Sudan because as a Canadian citizen he had a Charter right to enter the country — a right which government lawyers had argued only applied if someone showed up at the border asking to be let in.

TORSTAR NEWS SERVICE

2009 RANGER SUPERCAB SPORT

from **\$13,299***

0 DOWN • 0 FIRST PAYMENT

FAIRLEY & STEVENS SINCE 1948

www.fairleyused.ca www.fairleyandstevens.com

482-7777 • 580 WINDMILL ROAD, DARTMOUTH

*excludes freight & taxes, see dealer for details

Toronto One fabulous week



Partygoers celebrate Toronto's 29th annual Pride parade, capping off the 10-day Pride Week festival in that city. Attendance levels were expected to surpass the one million mark and pump more than \$80 million into the local economy.

News in brief

TEACHING A growing number of recent graduates from Canadian universities are becoming English teachers overseas, discouraged by a tight job market during Canada's deepest recession in decades, says Teach

Away, a Toronto-based agency that helps North Americans find teaching jobs overseas.

ENERGY INDUSTRY Canada's alternative energy sector is showing signs of a budding re-

covery, as companies resurrect financing deals and public offerings that withered with the recession, experts say.

BEEF PRODUCTION Drought could force farmers in top

beef-cattle producing Alberta to thin their herds further in a desperate attempt to stay in business, the latest blow to a reeling industry, says an official at Alberta Beef Producers.

REUTERS

Alleged pedophile arrested in Mexico

CHILD PORN A Canadian-born man authorities allege is one of the most dangerous pedophiles in the world, has been arrested by Mexican federal police in connection to a massive child pornography ring they say spanned Canada, U.S. and Mexico.

Police surrounded Arthur Leland Saylor's home in Tijuana, Mexico, a beachfront house they say he has lived in for the past 20 years.

They arrested Saylor and seized 15 hard drives they said contained over four million videos of children involved in sex acts.

Mexican authorities told

Project Salvo

• In March, three Toronto men were arrested, along with 54 others across the country, during Canada's largest pornography investigation, dubbed Project Salvo.

a San Diego, California news agency that Saylor crossed the Mexico-U.S. border almost daily and spent time in the American city repairing computers. Mexican police also seized Saylor's truck, which bears California licence plates.

TORSTAR NEWS SERVICE

Strike prompts greener lifestyle

GARBAGE Reduce. Reuse. Refuse to pick up the garbage piling on people's front porches.

Toronto environmentalists are quietly lauding the city strike for unintentionally converting people to their cause.

"It's an unexpected consciousness-raising event,"

says Mark Winfield, professor of environmental studies at York University. "When you're faced with a storage problem, it makes you appreciate how much stuff is coming in and out (of your home). You have to ask the bigger question about the role of this stuff." **TORSTAR NEWS SERVICE**

Australian scientists have developed a "trojan horse" therapy to combat cancer, using a bacterially derived nano cell to penetrate and disarm the cancer cell before a second nano cell kills it with chemotherapy drugs. The therapy has the potential to directly target cancer cells with chemotherapy, rather than attacking both cancer and healthy cells. **REUTERS**

Scientists develop 'trojan horse' therapy to target only cancerous cells

World



First H1N1 death in Brazil

Brazil had its first death from influenza A (H1N1), also known as swine flu, yesterday after a 29-year-old man succumbed to the virus. He first showed symptoms on June 15 while on a trip to Argentina, which has had several deaths due to the flu. The country's health ministry has warned Brazilians against travelling in Argentina and Chile. It also said the total confirmed cases of the flu had reached 627 in Brazil. **REUTERS**

Honduran president ousted

MILITARY The Honduran army ousted leftist President Manuel Zelaya and exiled him yesterday in Central America's first military coup since the Cold War, after he upset the army by trying to seek another term in office.

Troops came for Zelaya, an ally of Venezuelan President Hugo Chavez, around dawn and took him from his home. Chavez said he would do everything necessary to abort the coup.

Zelaya's supporters set

Army on alert

Venezuelan President Hugo Chavez said he would respond militarily if his envoy to Honduras was killed or kidnapped. He said soldiers took the Cuban ambassador and left the Venezuelan ambassador beaten by a road during the coup in Honduras.

up barricades in the centre of the city and sealed off road access to the presidential palace. **REUTERS**

Movement spreads globally

MAUREEN LITTLEJOHN
for Metro Canada

In the last eight years, same-sex marriage has become legal in seven countries. The first ceremonies were performed in the Netherlands in 2001.

Belgium followed in 2003, Canada and Spain in 2005 and South Africa in 2006.

The most recent countries to allow it are Norway, which introduced the law in 2008, and Sweden, in May of this year. Same-sex marriage is recognized, but not performed in Israel, Aruba, the Netherlands Antilles, Washington D.C., and New York state.

"This train is moving. In fact it's unstoppable," says Cary Johnson, executive director of the International Gay and Lesbian Human Rights Commission, based in New York City.

Johnson notes, however, that there has been a backlash by some conservative governments. "Latvia, Congo, and Uganda have passed constitutional amendments banning same-sex marriage, even though such marriages were already technically impossible in these countries. The East African nation of Burundi just implemented a law criminalizing homosexuality."



Participants take part in a gay pride march in New Delhi yesterday. About 1,000 gays, lesbians, transsexuals and supporters participated in the parade.



For gay, lesbian, bisexual and transgender people, the battle for same-sex marriage is emblematic for the struggle for equality, notes Johnson. "What could be more human than to want to have your primary relationship recognized by the state and society?" he says.

Many countries that don't recognize gay marriage allow civil unions and registered partnerships. Denmark was the first to grant same-sex civil

Civil unions

Other countries that recognize civil unions and partnerships are Switzerland, Hungary, France, Luxembourg, and some regions of Mexico, the U.S., Argentina and Australia.

partnerships in 1989 with most of the same rights as marriage.

In Croatia, same-sex partners who have shared a residence for at least three years are recognized as a civil union. Finland has offered registered partnership benefits since 2001, but partners cannot

take on surnames or adopt. Germans have been able to register as partners since 2001 and rights include second parent adoption.

Gay and lesbian Icelanders have had registered partnerships since 1996 with the full rights of marriage, including adoption. In Portugal, unregistered civil unions have been extended to same-sex couples since 2001 as long as they have been living together for two years.

The United Kingdom's Civil Partnership Act has allowed registered same-sex couples all the rights of married heterosexual couples since 2005.

Iran accuses U.S. of inciting unrest

TEHRAN Iran accused the U.S. of trying to destabilize it and sparked a new conflict with Britain yesterday, underscoring the hardline leadership's efforts to blame post-election unrest on foreign powers rather than popular anger.

Intelligence Minister Gholamhossein Mohseni-Ejei rejected allegations of vote-rigging in this month's election, which unleashed the biggest street protests since the 1979 Islamic Revolution.



"I am announcing that no organized rigging which could affect the result of the election took place," he said. "Americans and the Zionists (Israel) wanted to destabilize Iran ... Even months before the election they started to talk about the possibility of vote-rigging in Iran, and they continue this path after the election," the minister said.

Mohseni-Ejei said the U.S. and Britain wanted to carry out a "velvet revolution" in Iran but declared that this was impossible.

British Foreign Secretary David Miliband demanded the release of several local British Embassy staff detained by Iran, and said his EU colleagues had agreed to a "strong, collective response" to any such "harassment and intimidation" against EU missions. **REUTERS**

Pakistani soldiers killed as Taliban ambush convoy

SWAT Taliban militants ambushed a Pakistani military convoy near the Afghan border yesterday killing 12 soldiers, the army said, as it prepared an assault on Pakistan's Taliban chief.

The military, near the end of an offensive in the Swat Valley after two months of fighting, is set to launch a new drive in South Waziristan, where Pakistani Taliban chief Baitullah Mehsud is based.

Pakistan's campaign against the Taliban has won the praise of close ally the United States, which needs Pakistan to go after the militants as it pursues its own strategy to defeat al-Qaida and stabilize Afghanistan. **REUTERS**

News in brief

STIMULUS U.S. President Barack Obama could discuss a second stimulus package to boost the economy if needed, but at the moment no more new money looks necessary, a top White House adviser said

yesterday. Obama passed a \$787-billion package after taking office in January, though the economy has since weakened by more than expected. **ASTRONOMY** Radio hams and amateur astronomers around

the world spent the weekend bouncing radio conversations off the Moon to one another in commemoration of the Apollo 11 landings 40 years ago, organizers in Australia said yesterday. **REUTERS**

GOURMET LUNCH
for \$10 and under

SELECTIONS FROM OUR LUNCH MENU

☞ **Ryan Duffy's AAA Steakhouse Burger** ☞
6 oz Burger with crispy bacon, blue cheese and green peppercorn aioli. \$10

Warm Double Cream Brie, caramelized red onions and Tangled Garden Preserves. \$9

Seafood Chowder with clams, lobster mussels and crispy bacon \$8

BREAKFAST | LUNCH | DINNER
Mon-Fri 6:30am-11pm | Sat-Sun 7am-11pm
www.ryanduffys.ca | 1650 Bedford Row | 421.1116

RYAN DUFFY'S

LOCAL

Publisher, Greg Lutes
Managing Editor, Philip Croucher

Sales Manager, Dianne Curran
Distribution Manager, April Doucette

NATIONAL

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartram
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

Comment

Fun-filled festivities

HineSight

Anne Hines

metronews.ca/hinesight

Canada Day. A countrywide celebration of this great land of ours. Canadians will be enjoying some downtime, engaging in traditional holiday activities: Watching fireworks, hanging with friends and wondering whether their local Shopper's Drug Mart is open. But not in my town. Toronto, alas, is in the grip of a civic workers strike. So here there's no flag-raising ceremony. No fireworks. I think we're still allowed to have friends, but I'll have to check.

I don't question our civic workers' right to strike. If the noble, venerable institution of democ-

racy stands for anything it's the right to gripe, complain and generally refuse to sit back and take it if you feel you're treated unfairly. And there's no reason we can't celebrate anyway. Here's some suggestions for 100 per cent politics-free festivities.

The annual *Thank God, It's Finally Summer* fete. This event may be observed any time after the last, for sure final snowfall of the year. My sister in Calgary tells me that, in her city, they feel it will be safe to celebrate sometime around mid-August. Last year in Toronto sum-



mer arrived exactly 15 minutes before the onset of fall. I missed it entirely because I was using the bathroom at the time.

The *I Found A Bathing Suit That Looks Fabulous On Me* victory frolic. This event is celebrated so rarely many people claim it's the stuff of legend. The occasion is observed by feeling sorry for those poor, unfortunate Sports Illustrated models who don't look nearly as good as you, tossing your entire collection of beach coverups and calling the store to see if

it has the same swim-

suit in 40 other colours.

My Child's Finally Finished With Diapers day. This significant occasion is marked by burning \$60 cash outside your local supermarket to celebrate your release from financial burden. Following this event are two accompanying celebrations: *The Now We Have To Find A Washroom Every 20 Minutes* festival, and *The Time To Start Saving For The Kid's Tuition* romp.

The Weather Is Beautiful, Life Is Short And Heck, That Just Seems Like A Good Enough Reason To All Knock Off Early jubilee ... that one is fairly self-explanatory.

With a little imagination, we can create holidays that aren't subject to the whim of strikes and conflict. So, no matter where you live, let's get out there and celebrate. Just about anything.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



Worth mentioning

Venice gets its first female gondolier

Nine centuries of male monopoly on the canals of Venice came to an end Friday when the first woman passed the gruelling test to become a trainee gondolier.

Giorgia Boscolo, the 23-year-old daughter of a gondolier, got the lowest points for one of the 22 places available, while two other women candidates failed to gain admission at all. She is now authorized to take passengers on her gondola while completing her training.

"I have always been in love with gondolas,

unlike my three sisters, and I used to prefer going rowing with my father to going out with my friends," Boscolo told Ansa news agency.

Her father, Dante, said being a gondolier was "a job that requires a lot of physical strength, but with experience you need less effort and my daughter has lots of experience."

The flat-bottomed boats are propelled by a standing oarsman and are nowadays used for giving tourists romantic trips through the city. REUTERS

Giorgia Boscolo

Metro Online Poll Results

78% SAID
His music

What will Michael Jackson be most remembered for?

Weigh in on today's question at metronews.ca

22% SAID
Personal life

Views

Job loss can lead to positive experiences

UrbanScrawl

Christina Biluk

metronews.ca/urbanscrawl

Like so many others, I've recently found myself out of work and trying to figure out what to do next. It's scary and exciting at the same time. It makes you step out of your comfort zone and search out the "real" you. The next question is where to start.

Talk to anyone who will listen. No one is going to know what you're up to unless you tell them. I've talked to government employees, entrepreneurs, private business owners, peo-

ple in my current field and people who do something completely different.

We've talked about what they like and don't like, and how they got to where they are. Some of these conversations end there, others lead to a whole new group of people to talk to and resources in the community.

Get engaged in things you're curious about. My newly discovered free time has provided me with an opportunity to attend meetings and events in an area of interest that had nothing to do with my past job.

If you have an inkling of interest in any given area, I urge you to see what's out there to learn more about it. A whole new world can open up for you by just tak-

ing the initiative to seek it out.

Get out of the house. If it's not to meet people or take in meetings then it's to just get out in the community.

Volunteers are needed in all types of roles across HRM, from one-time festivals (such as tall ships) to coming events (2011 Canada Winter Games) or ongoing roles (hospitals and long-term care facilities). Many of these organizations couldn't run without relying on an army of volunteers. It's a great way to meet people, try out something new and give back to your community.

Keep in touch with friends. Looking for employment can take a toll on your self-esteem. Don't be ashamed of seeking out an

ego boost, we all need one.

For anyone who has a friend looking for work, give them a boost even when they don't ask for it. I've had a lot of people give advice such as "everything happens for a reason," but they didn't stop there. They shared tales of their own struggles.

Through this, I've learned I'm not alone. I want to thank all my amazing friends for standing by me — you've made the last few weeks a lot brighter.

In conclusion get out there, get involved and stay active. You'll never know what's out there unless you look for it.

Christina Biluk is Director of Engagement for FUSION Halifax. Visit FUSIONHalifax.ca to find out how to get involved in shaping our city; theurbanscrawl@gmail.com.

Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Drive at the speed limit. Slowing from 120 kilometres per hour to 100 reduces your fuel consumption by 20 per cent. **TORSTAR NEWS SERVICE**

Going Green

EDITOR: FERMIN DESOUSA, FERMIN.DESOUSA@METRONEWS.CA



Clean and green

Get rid of an old dishwasher. New Energy Star models use one-third of the electricity required by the average mid-'80s vintage, says Natural Resources Canada, for savings of about \$80 a year. **TORSTAR NEWS SERVICE**

Curbing lawn fertilizer a simple solution

EarthTones

Sophia Dore & Andrew Laursen



metronews.ca/earthtones

As we enjoyed the first official week of summer, in many parts of Canada it finally felt like summer. Around Toronto, it certainly smelled like summer down by the lake. Trillions of small green cells began washing ashore and rotting.

Actually, to focus on the smell is a bit like having your car stolen and bemoaning the loss of your pine-tree air freshener. The

blooms can cause more serious problems than the shoreline smelling. This large slug of biomass, whatever does not wash ashore, will eventually sink and rot there, removing oxygen from the deeper water. In extreme cases, this can cause fish kills. If you thought the algae stunk up the beaches, just wait until millions of alewife wash ashore. Another problem is that some bloom-forming organisms, particularly cyanobacteria, can produce chemicals that affect the taste of water, or worse, that are toxic. Of course these blooms do not happen as often as they did 40 years ago. The frequency of these blooms and the nuisance they caused back then created the impetus for legislation protecting our waters. Improving water quality (i.e.



ending nuisance blooms) was a major driver in the creation of the United States' Environmental Protection Agency. With phosphorus banned from many detergents and better regulation of point source discharges, water quality improved dramatically. Water became clearer and lakes became swimmable again. The recovery of many North American lakes remains one of the better environmental success stories.

But over the past 10 to

15 years, we have seen a new increase in the frequency of these blooms. The problem is that all of the phosphorus discharged into the lakes before is still there. A wave of invasive species, most notably the zebra and quagga mussels, appear to alter their new environment in a way that favours these blooms by making phosphorus from the sediments relatively more available.

So, what can be done? On the invader side, not much. These mussels are

now very much a part of our Canadian fauna. And you do not hear about them like you did a decade ago.

But what we can and are doing is trying to turn off the faucet. New federal restrictions to go into effect in 2010 will further limit phosphorus in detergents. When first announced, many complained about the inconvenience of spots on their wineglasses. In Canada, the government may not interfere in the bedroom, but seemed hell-bent on wrecking dinner parties. Since then, many suppliers have already reduced or eliminated phosphorus from dishwashing detergent. We have yet to hear of an event that was ruined.

The other target for reduction has to be non-point sources. Many juris-

dictions have or are implementing nutrient management plans to reduce inputs from larger dischargers, primarily affecting agriculture.

But where you can help is in reducing the use of lawn fertilizers.

That is a major source of nutrient loading that could be curbed immediately. With many ecological challenges we feel powerless or that the cost is too great. Here's an example where a minor change in our behaviour could have a dramatic positive impact with no cost and only minor inconvenience.

If we can't get it together on this one, the greater challenges are pretty hopeless.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

HRTC Eligible Tax Credit \$1350

GARAGES

**FULLY ASSEMBLED, INCLUDING:
CONCRETE SLAB, MATERIAL & LABOUR**



24x24 STARTING AT \$12,900

OTHER SIZES AVAILABLE

QUALITY & DEPENDABILITY YOU CAN AFFORD

Cottage Garages, Deck Installation, Decks, Garage Builders, Installation and Design, Out Structures, Roofing, Shed Builders, Siding Installation, and Windows. **All materials under warranty!**



902.478.7433

www.bestbuiltstructures.ca

Jeremy@bestbuiltstructures.ca



Keep your paper items from meals while camping and use them to start your fire later.

Tips to leave your campsite how you found it

ENVIRO Before you head out to one of Canada's beautiful parks for that much anticipated camping trip, consider the following tips that will enhance your camping experience and care for the environment.

Remember that you're going to enjoy nature and that means caring for the environment, so that others can have the same experience after you've left.

We all know the cardinal rule "Leave the area just as you found it," but here some other tips to keep in mind on your trip:

1. Use reusable dishes: Do not use styrofoam and plastic picnic dishes and

flatware. Washing dishes can be a chore, but it will reduce the amount of garbage you produce on-site.

2. Sort your garbage: Bringing different waste bags to separate food scraps and other garbage from paper waste can be helpful. When sorted, recycled fibre paper napkins like those from White Swan, can multitask to help you start a campfire later.

3. Repackage food: Remove all food packaging and repack it in reusable containers. Don't bring individual packed food items, and clean up all

food scraps while camping. Food left out will attract unwanted wildlife.

4. Meal time: When eating, be sure to use White Swan napkins to help keep mess to a minimum. Made from 100 per cent recycled paper and created using environmentally sustainable manufacturing process, they have less of an impact on the environment.

5. Bathroom Etiquette: Bring and use one-ply products like White Swan bathroom tissue because it's made from 100 per cent recycled fibre, and breaks down faster.

NEWS CANADA

Magma IPO raises \$100M

Canada's Magma Energy Corp., a geothermal power company active in the western United States and South America, has raised \$100 million in an initial public offering taken up by investors around the world, sources close to the deal told Reuters. **REUTERS**

11

Business



Balloon promotion a bust

An overeager crowd in the Hungarian capital thwarted low-cost airline Wizz Air's attempt to release 1,000 balloons for its fifth anniversary celebrations when they caught wind of the freebies attached. Onlookers spied coupons worth \$58 attached to each balloon and a free-for-all of popping and grabbing commenced before the balloons could be officially released from a giant net in the centre of Budapest. **REUTERS**

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Madoff to learn his fate today

Fraud could lead to life in prison

Bernard Madoff, who became a symbol of greed in the financial crisis for masterminding Wall Street's biggest investment fraud, faces the rest of his life in prison in one of the stiffest punishments for white-collar crime when he is sentenced today.

The courtroom drama will unfold with the swindler hearing angry defrauded investors speak of their financial ruin. As he makes what could be his final appearance in public, Madoff, 71, will read a statement before a judge hands down a decision.

"Mr. Madoff has been very stone-faced throughout the whole process. He doesn't seem to have a lot of remorse," said Anthony Sabino, professor of law and business at St. John's University in New York. "To date, he has refused to implicate anyone else."

More than six months after Madoff's arrest, U.S. prosecutors remain uncertain how much was in-

Pushing for life

U.S. prosecutors argued in court papers Friday that sentencing Judge Denny Chin should make sure Madoff spends the rest of his life in prison because of the "unique scope and duration" of his crimes.

involved — such was the complexity of the financial web he wove around the world to operate his Ponzi scheme.

In a Ponzi scheme early investors were paid with money from new clients.

About 1,341 account holders lost about \$13 billion in the classic "cash in, cash out" fraud, according to court papers. They also say \$170 billion flowed through Madoff's principal account over decades and last November, Madoff claimed accounts held nearly \$65 billion, when in fact he had never traded any securities, investigators said. **REUTERS**

Business in brief

GLOBE AND MAIL Unionized workers at The Globe and Mail overwhelmingly rejected what the national newspaper said was its final contract offer, the union said Saturday, but the two sides will meet again

tomorrow. Union members, including journalists, sales staff and circulation workers, voted 260-32 to reject the offer, the Communications, Energy and Paperworkers Union said in a statement.

NORTEL Creditors and suppliers of Nortel Networks filed a series of objections Friday to the proposed sale of a unit of the bankrupt telecom equipment maker to Nokia Siemens Networks. MatlinPat-

erson, a major bondholder and Nortel creditor, said restrictive conditions imposed by the current bidding process may prevent, rather than promote, a valid competing bid to emerge for the unit. **REUTERS**

**SATURN**

NEW LOW PRICE. SAME HIGH VALUE.



2009 ASTRA® 3-Door XR model shown

2009 ASTRA XE

CASH PURCHASE PRICE, STARTING AT

\$13,890

INCLUDES LOYALTY CASH BONUS*

HWY - 6.1 L/100 KM (46 MPG) CITY - 8.5 L/100 KM (33 MPG)

- Available in 3-door and 5-door models
- German design; built in Belgium

Now any Saturn owner can save up to

\$2,000

Offer ends June 30, 2009

Best coverage in Canada with a

FULLY BACKED WARRANTY[†]

5 years/160,000 km

2009 VUE® XR Red Line model shown

**2009 VUE XE**

CASH PURCHASE PRICE, STARTING AT

\$19,925

INCLUDES LOYALTY CASH BONUS*

HWY - 7.5 L/100 KM (38 MPG) CITY - 10.9 L/100 KM (26 MPG)

- 2009 TOP SAFETY PICK AWARD winner from the Insurance Institute for Highway Safety[†]
- Also available as a **HYBRID**

2009 AURA® XR model shown

**2009 AURA XE**

CASH PURCHASE PRICE, STARTING AT

\$17,995

INCLUDES LOYALTY CASH BONUS*

HWY - 5.9 L/100 KM (48 MPG) CITY - 9.4 L/100 KM (30 MPG)

- Better fuel efficiency than the Accord or Camry (excludes hybrids)
- Also available as a **HYBRID**

YOUR EXPERIENCE BEGINS AT **saturn.ca****Saturn Saab of Halifax**

3330 Kempt Road, Halifax 453-2770

Saturn of Dartmouth

10 Baker Drive, Dartmouth 462-2299

Business Owners - Avoid Lawsuits!
Help Has Arrived! Visit us online at www.promediate.ca right now.
Time is money and it's your money.

Looking for People Who Get It!

RAMEY INVESTMENTS



Blaine Conrad, CFP
Financial Planner

bconrad@rameyinvestments.com 488-0166

Psychic Fair

Dartmouth Sportsplex: July 3 - 5
Fri 2-10pm, Sat 11-10pm, Sun 11-7pm

ADMISSION: \$5.00 SENIORS \$4.00
\$1.00 off with this coupon.

Readers,
Palmists
Crystals
& More!



www.esp888.com

MSRP's for 2009 Astra XE 5-door manual (no air), 2009 Saturn Aura XE 4-cyl auto, 2009 Saturn Vue XE 4-cyl auto, 2009 Saturn Vue XE 4-cyl auto plus freight, tax, fees respectively. Prices are shown with the Saturn Loyalty bonus already deducted, for current Saturn owners only. See Retailer for further conditions and details.

The Carquest Pro Stock Tour postponed Saturday night's Parts For Trucks 100 at Speedway 660 in Geary, N.B., because of bad weather. It was Carquest's second straight rainout. The Lucas Oil 100 on June 20 was also postponed. **METRO NEWS SERVICES**

Sports



Gold for Power

East Jeddore's Adrienne Power won gold in the women's 200-metre dash at the Canadian track and field championships in Toronto yesterday. Halifax's Geoff Harris picked up silver in the men's 800 on Friday, while New Glasgow's Leanna MacLean won bronze in the women's 800.

METRO HALIFAX

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Local duo battle Canada's best

Hatton, Taras finish second to Olympians, but still have a chance to qualify for worlds

MATTHEW WUEST
matthew.wuest@metronews.ca

To be the best, you have to beat the best — and that's a work in progress for Lyall Hatton and Connor Taras.

The local kayak duo is desperately chasing a spot at August's world sprint canoe-kayak championships, a quest that continued yesterday on Lake Banook in Dartmouth at the second-to-last set of national team selection trials.

Hatton, a 19-year-old from Bedford, and Taras, a 20-year-old from Waverley, are the young guns trying to unseat two-time Olympians Andrew Willows, Richard Dober Jr., and Steven Jorens. It's not easy being the new kids on the block.

"Just how close we are right now is a huge achievement," said Hatton, after he and Taras finished second to Willows and Dober in the K-2 500 metres. "We were neck-and-neck, back-and-forth. Those are the guys we have to beat. If we can keep up with them, even beat them, we're sitting pretty."

With yesterday's win, Willows and Dober clinched a spot at worlds in the K-2 500. That means Hatton and Taras are down to their last chance to qualify for worlds at next

She's in

• Waverley's Karen Furneaux has punched her ticket to August's world sprint canoe-kayak championships.

The Waverley native won the K-1 500 metres on Saturday at the national team selection trials on Lake Banook, edging out Kristin Gauthier by just 0.19 of a second.

"I'll have the K-1 at worlds and I'm really happy to be back racing on Lake Banook," the 32-year-old said. "The whole women's team is really strong so I'm excited for worlds." Furneaux, a three-time Olympian, isn't sure yet if she'll take a run at a fourth Games. She said she is planning to take it "year by year. It's so hard to commit to four years." Dartmouth's Andrew Russell, who went to the Beijing Olympics, won both the C-2 500 and 1,000 on the weekend and also unofficially clinched a spot at worlds.

month's final set of selection trials in Montreal. And they'll have to beat Dober and Jorens twice in the K-2 1,000 to do it.

"Those guys are so fast off the line," Hatton said. "They always get a half-boat length off the line at the start. It's going to take a



Connor Taras, front, and Lyall Hatton compete at the Canadian sprint canoe-kayak selection trials yesterday on Lake Banook.

lot of training to catch them, but we're almost there."

Hatton and Taras debuted on the senior team last year after winning silver together at the 2007 junior world champi-

onships. Training with accomplished athletes more than seven years their senior has been a learning experience.

"They're just brutal (in training)," marvelled Hatton. "They just keep on

hammering it. They go so quick."

Regardless of whether Hatton and Taras are on Lake Banook for worlds, it may only be a matter of time before they start making their presence felt in-

ternationally.

"Those two guys are awesome," Willows said. "They have a great future ahead of them. We're looking forward to seeing what they can do ... as long as it's behind us."

Canucks select 'grown up' Anthony in seventh round

MATTHEW WUEST
matthew.wuest@metronews.ca

Steven Anthony had all but given up refreshing his web browser in the hopes of seeing his name on the NHL draft tracker. Then, with time running out, the Halifax native's phone rang.

"It was (Vancouver Canucks scout) Darrell Young and he said, 'Congratulations, you're now a Canuck,'" Anthony said. "I was just like, 'Oh man.' I had to refresh again to make sure it was real."

"When I saw my name,

I couldn't believe it."

Anthony, a Saint John Sea Dogs forward, went to the Canucks in the seventh round (187th overall) in Saturday's draft. He was 23 picks away from being passed over.

It's exactly what Anthony needed after two tough seasons in the QMJHL.

Once a highly-regarded prospect, inconsistency put a big dent in his draft stock, even after he produced 30 points in his final 29 games with the Sea Dogs last season.

But the Canucks were impressed with an off-season change in attitude from Anthony, who has



"I had to refresh again to make sure it was real. When I saw my name, I couldn't believe it."

Steven Anthony

been training rigorously and dropped 15 pounds off of his six-foot-two frame.

"He's always been one of the most talented players in North America in his age group," Young said.

"He's working for everything he's going to get now. Sometimes, you have to get slapped in the face to realize what's going on."

"We believe the changes he's made show he's grown up."

That showed in the draft-day phone call.

"The words out of his mouth were, 'I will not let you down,'" said Young, who also hails from Halifax.

Anthony heads to a Canucks' development camp on July 5 and will attend training camp in August. He's hoping to get

a chance to shoot on Canucks star goalie Roberto Luongo.

"Score one on him in training camp and I'll be pretty pumped," joked the 18-year-old.

"It's just special to be a part of an NHL team. I'm just going to soak it all up, keep improving, and hopefully, some day, I'll be a Canuck."

Eskasoni's Ashton Bernard was the only other Nova Scotian picked, going in the sixth round (174th overall) to the New Jersey Devils.

Cape Breton Screaming Eagles goalie Olivier Roy went 133rd to the Edmonton Oilers.

Sports in brief

TENNIS Halifax's Phil Anderson won the men's singles title at the St. George's Open tennis tournament yesterday in Dartmouth. Top-seeded Amy Sherlock of Halifax won the women's crown.

BASEBALL The Halifax Pelham Molson Canadians added to their lead atop the Nova Scotia Senior Baseball League on the weekend, going 2-1, including a 9-2 win over the Kentville Wildcats last night. Halifax, 7-3, is a game ahead of second-place Kentville.

SOCCER Halifax Dunbrack Bremner's is still unbeaten in the Nova Scotia Soccer League men's premiership after beating Cape Breton United 4-0 on Saturday. They're haven't lost in 28 straight regular-season games.

METRO HALIFAX

Monday, June 29, 2009

metronews.ca

metro

Canucks crush Kiwis in football championship

Canada crushed New Zealand 55-0 in its opening game Saturday at the 2009 IFAF World Junior Championships in Canton, Ohio. Canada's next game is Wednesday against Japan, a team that earlier beat Germany 10-7. **METRO NEWS SERVICES**

sports **13**

Brazil fight back to sink U.S. in final

Brazil fought back from 2-0 down with three second-half goals to beat the United States 3-2 and win the Confederations Cup for the third time in a superb final yesterday.

The U.S., who shocked Spain in the semis, looked set to complete an even greater upset when goals by Clint Dempsey and skipper Landon Donovan put them 2-0 ahead at halftime.

U.S. goalkeeper Tim Howard produced several good saves before striker Luis Fabiano took his tournament tally to five when he scored immediately after the restart and headed the equalizer in the 74th minute.

"It is very difficult to overcome a 2-0 deficit, it is not easy."

Brazil coach Dunga

Brazil captain Lucio completed his side's stunning recovery when he rose superbly to power home an Elano corner six minutes from time.

The match was a fitting climax to an outstanding tournament which provided shocks, excellent football and passionate crowds, auguring well for next year's World Cup finals in South Africa.

Brazil coach Dunga told a news conference he was delighted by his team's performance.

"Even after we went 2-0 down the team was still sure of itself. We told them at halftime to play down the wings, keep patient. We did that, we have been together for 29 days and we were determined to win it."

"It is very difficult to overcome a 2-0 deficit, it is not easy, but if you have committed players who never give up then you have a chance and we came back in the second half. We showed a high level of professionalism."

REUTERS



Brazil players celebrate with the trophy after defeating the U.S. to win the Confederations Cup final soccer match yesterday at Ellis Park stadium in Johannesburg, South Africa. Brazil won the match 3-2.

Stairs helped open doors for Canadians

DAVID SINGH
for Metro Canada



BASEBALL In the visitors' clubhouse at Rogers Centre this past weekend, Philadelphia outfielder Matt Stairs was proudly sporting a gold chain bearing his country's name. A St. John, N.B., native, Stairs is as proud a Canadian as you'll find in baseball.

As well, at 41 years old, and with 17 years of major league experience under his belt, Stairs is considered the current elder statesman of Canadian baseball.

However, Stairs insists that Canadians in the big leagues today don't have to possess such credentials to be treated as equals to their American counterparts. "They still tease us about the accents," Stairs said with a smile. "But that's it."

The major leagues have changed a great deal from when Stairs first began his career in 1992 with the Montreal Expos. Nowadays, many Canadians, including Minnesota's Justin Morneau, Boston's Jason Bay and Cincinnati's Joey Votto are being heralded as franchise-type players. Such strength in numbers was just not present in the past. Stairs hopes that as the number of Canadian players reaching the ma-

Larry Walker

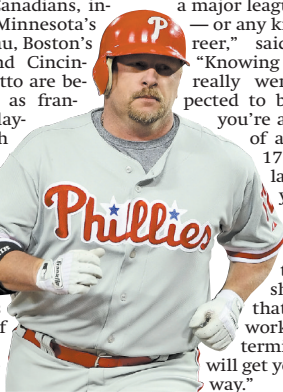
• Stairs ranks second to former outfielder Larry Walker in games played (1708) and home runs (257) by a Canadian. Walker, who played for the Expos, Rockies and Cardinals during his 17-year career, is someone Stairs greatly admires. "I think he'll go down in history as being the best Canadian ballplayer to ever play," said Stairs.

jors continues to grow, so too will interest and the belief that it is indeed a real possibility.

"The biggest thing is the more Canadians that play will open the door for more Canadian players believing in themselves to have a chance to make it to the big leagues," he said.

And Stairs is quite a nice example in that sense. At five-foot-nine and 215 pounds, he doesn't fit the typical build of a baseball player.

"I hope it rubs off on people who want to pursue a major league career — or any kind of career," said Stairs. "Knowing that you really weren't expected to be where you're at and all of a sudden, 17 years later, you're still doing well. I think it shows that hard work and determination will get you a long way."



2009 FOCUS SE 4 DOOR

from **\$319/MONTH** TX INCL

0 DOWN • 0 FIRST PAYMENT*

FAIRLEY & STEVENS SINCE 1948

www.fairleyused.ca www.fairleyandstevens.com

482-7777 • 580 WINDMILL ROAD, DARTMOUTH

*See dealer for details

Clubs should help country put forward best team possible

JustSoccer

Ben Rycroft



metronews.ca/justsoccer

For most supporters, when a player from your club is chosen to represent on the national squad, there is a sense of accomplishment — even pride.

For, in most countries, how the national team goes, so does the sport.

A perfect example is in the U.S. — exposure for soccer is at an all-time high after their national team shocked its way into a Confederations Cup final against Brazil.

Despite the loss to the South American giants in the final, just making it that far has the U.S. media broadly painting that success as a reflection on the health of their game.

But in Canada, the same cannot be said.

The sport here is at its healthiest in a generation.

The emergence of professional clubs has the most widely played recreational sport fast approaching a tipping point into mainstream sportsdom — and it recently has had little or nothing to do with the success, or lack thereof, by our national teams.

Not only do few club supporters take pride in seeing one of their players off to represent Canada at international competitions, but they even display a level of annoyance and frustration when it happens.

A "well, how many games are they going to miss?" attitude pervades Montreal, Vancouver and Toronto — which is hit particularly hard by player loss each year.

The club vs. country debate — which centres on where players and fans should place their priorities — is quickly being shoved aside by the passionate support of club soccer and there is a real danger in that.

For a country to do well,

it needs to have the support of the clubs to facilitate it. Word that TFC has put significant pressure on the Canadian Soccer Association to not draw so heavily from its player pool is troubling.

More troubling is that the CSA seems to have bowed to that wish. Dwayne De Rosario (who declined an invite), Adrian Serrioux, Jim Brennan and Nana Attakora-Gyan will not join Canada for this summer's Gold Cup — one competition where Canada has done well.

If soccer is ever going to cross over into the mainstream culture here, the national team needs to win international competitions — the U.S. success demonstrates that. And presently, the national team can't do that if the clubs are only interested in winning domestic competitions.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca.

Sports in brief

BLUE JAYS Chase Utley's go-ahead two-run triple was part of a four-run fourth inning that gave Philadelphia the lead for good in a 5-4 victory over Toronto. Shane Victorino and Carlos Ruiz also drove in a run apiece during the pivotal fourth frame, while Jayson Werth singled, walked four times and scored once in five plate appearances, one day after going 4-for-4 with a pair of homers in Saturday's 10-0 win that snapped a three-game slide. Aaron Hill hit two home runs in the game, giving him 19 on the season and setting a new record for home runs in a season by a Toronto second baseman.

PGA Kenny Perry shot 63 to finish with a tournament-record 258 and win the Travelers Championship by three strokes over Paul Goydos and David Toms, two other golfers in their 40s. The 48-year old Perry tied a course record with a 61 Thursday and led after each of the first two rounds of the tournament.

BASEBALL The Tampa Bay Rays became the fastest team to reach 100 homers and 100 steals by the All-Star break when B.J. Upton homered yesterday. It was the Rays' 100th homer this season. Tampa Bay, which started yesterday with 116 stolen bases, accomplished the feat in 77 games. The previous fastest were Cincinnati (1977) and Cleveland (1994), who both did it in 84 games according to Stats LLC. The only other teams to reach that mark by the All-Star break since 1954 were the 2003 Marlins and the 1998 Blue Jays.

GOLF South Korea's Jiyai Shin picked up her fifth title in 11 months with a seven-stroke victory at the Wegmans LPGA yesterday. The 21-year-old star from Seoul shot a 1-under 71 to finish in a downpour at 17-under 271. Kristy McPherson and Yani Tseng each shot a 66 to surge into a second-place tie at 10 under.

METRO NEWS SERVICES

30 years of the Royal Nova Scotia International Tattoo

The Royal Nova Scotia International Tattoo is back, a bigger and better-than-ever extravaganza spilling out into the streets around its Halifax Metro Centre home. The main show will take place in the Metro Centre from July 1 through July 8 and the expanding festival surrounding the show starts June 30.

"We have a number of local groups taking part in the festival. It gives them a chance to showcase their talent and gives us a chance to have a look at them to see their potential for future years," says Tattoo marketing manager Thomas Grottrian.

These "fringe" acts will play in free lunch-time shows with Tattoo acts on Doyle Street, in Park Lane Mall, the Grand Parade and Dresden Row Mall. "It's very much a military-civilian cooperative thing — we have all genres of music and performance in the show," he adds. Grottrian notes that in the main Tattoo, acts are limited to six-minute performances. On the street, they can roll out their full shows.

"We have got more countries this year than we've had in years — we think it's probably our biggest cast ever. It's great having U.S. participation back again," he says, explaining that the Americans were the first international participants in the Tattoo back in the early 1980s. Massachusetts's Middlesex County Volunteer Fife & Drum Corps will carry the Stars and Stripes at the Metro Centre this year. "It's more fun, more vibrant than ever before."

Other much-anticipated acts are the Royal Fire Brigade Band Malmo Sweden, the Royal Band of the Belgian Air Force and Britain's Regimental Band and Corps of



Drums of the Royal Welsh. Germany will send acts, including the famous Hamburg Police Motorcycle Team, France the Paris Police Gymnastics Team and Denmark the Copenhagen Police Band.

Of course, Canada will be well represented by the National Ceremonial Troop of the Royal Canadian Mounted Police, the Stadacona Band of Maritime Forces Atlantic and the National Band of the Naval Reserve, amongst many others. Themes explored include the 100th anniversary of powered flight, the 60th anniversary of NATO and the 65th anniversary of D-Day.

One of the first participants in the Gun Run will likely return this year, though in a slightly different role. Nova Scotia's new premier, Darrell Dexter, took part in the early 1980s.



Among the highlights of the Royal Nova Scotia International Tattoo show are the grand finale performance, top left, and the obstacle course race.

A 'crazy' beginning bore an international legacy

When the chairman of the 1979 International Gathering of the Clans asked Ian Fraser to whip up a tattoo to open the gathering in six months, Fraser didn't hold back.

"I told him he was crazy," he recalls in Gunpowder and Grease Paint, the official history of the Nova Scotia Tattoo. HM Queen Elizabeth, the Queen Mother, was going to be in attendance, as was a big audience. Half a year was simply not enough time to pull it together.

Fraser added that if he were in the chairman's position, he might consider jumping out of his office window onto the street of Halifax far below.

"Guess what?" said Fraser's boss, Vice-Admiral Andy Collier, commander of Maritime Command. "There's going to be a tattoo to open the International Gathering of the Clans, you're going to do it and it had better be the best show this city has ever seen."

Fraser got to work and in fewer than 26 weeks, the Tat-

too's first artistic director assembled a show that wowed the critics — and the Queen Mom. Since then, it's grown every year with the ambition of making each show the best ever. To be fair, Fraser does have about two years to plan each Tattoo now.

"It's all the accumulated experience of hundreds and hundreds of people," says Tattoo marketing manager Thomas Grottrian. "In many ways, it makes things easier. In other ways, it makes the expectations a lot higher."

The initial Tattoo was an entirely Canadian affair, with the first international element coming via the United States Marine Corps in the second year. "Our first overseas act was a German band in 1984," Grottrian adds. "Now, a large percentage of our cast comes from overseas."

The Tattoo added "International" to its title in 1988 to reflect the growing range of participants and in 2006, Her Majesty the Queen granted the show "Royal" status on her 80th birthday.

"It's amazing how many people involved in the first one are still involved in the show now," Grottrian says. For many it's become a family tradition, with sons and daughters taking over when parents step down.

Performers list 2009

CANADA

- Stadacona Band of Maritime Forces Atlantic
- Central Band of the Canadian Forces
- Air Command Band
- National Band of the Naval Reserve
- Land Force Atlantic Area Band
- Band of The Ceremonial Guard
- Ceremonial Guard Drill Team
- Massed Pipes & Drums
- Obstacle Race Teams
- Jeep Competition Teams
- Tri-Service Guard
- RCMP National Ceremonial Troop
- Tattoo Choirs
- Tattoo Dancers
- La Baie En Joie
- Titans Gymnastics Club
- Tattoo Extras
- Brenna Conrad
- Jason Davis
- Derrick Paul Miller

BELGIUM

- The Royal Band of the

Belgian Air Force

DENMARK

- Copenhagen Police Band

ESTONIA

- Club Piruett
- Trick Factory

FRANCE

- Paris Police Gymnastics Team

GERMANY

- Hamburg Police Motorcycle Team
- Wehrbereichsmusikkorps 1

SWEDEN

- Royal Fire Brigade Band
- Malmo Sweden

UNITED KINGDOM

- Regimental Band and Corps of Drums of the Royal Welsh

UNITED STATES

- Middlesex County Volunteers Fifes & Drums



HIRTLE PROMOTIONS Inc.

Congratulations Royal Nova Scotia International Tattoo on your 30th anniversary from Hirtle Promotions!

186 Ingram Drive, Fall River
902.860.3394 hirtlepromotions@eastlink.ca



BMR™
Structural Engineering

Congratulations on 30 years of success!

5413 Doyle Street, Halifax
902.429.3321 • www.bmreng.com

Your guide to the 2009 Royal Nova Scotia International Tattoo

TUESDAY, JUNE 30

Mass Canadian Air Force Band, Spring Garden Road, noon to 1 p.m.
Regimental Band and Corps of Drums of the Royal Welsh – U.K., and a jeep display, Clayton Park Sobeys, noon to 1 p.m.
Tattoo Pipes and Drums, Windsor Street Sobeys.
Copenhagen Police Band, Russell Lake Sobeys.
Stadacona Band, Penhorn Sobeys.

WEDNESDAY, JULY 1

Buglar (LFAA), Piper Tattoo Pipes and Drums, and the Tattoo Choir, Halifax Grand Parade, 8 a.m. to 8:15 a.m.
Tri Service Cadet Pipes and Drums, Lower Sackville, 9 a.m. to 10 a.m.
Stadacona Band and Tattoo Choir, Halifax Citadel, 11:15 a.m. to noon

THURSDAY, JULY 2

RCMP Pipes and Drums, Historic Properties, noon to 1 p.m.
Massed Canadian Air Force Band, Halifax Grand Parade, noon to 1 p.m.
Regimental Band and Corps of Drums of the Royal Welsh, Spring Garden Road, noon to 1 p.m.
U.K. Brass, Spring Garden Road, noon to 1 p.m.
La Baie en Joie Acadian Dancers, Spring Garden Road, noon to 1 p.m.
Maritime Centre for African Dance, Park Lane Mall, noon to 1 p.m.
Paris Police Gymnastics Team and MCV Fifes and Drums, Doyle Street, 12:30 p.m. to 1:30 p.m.

FRIDAY, JULY 3

Tattoo Pipes and Drums, Historic Properties, noon to 1 p.m.
The Royal Band of the Belgian Air Force and Club Piruett, Halifax Grand Parade, noon to 1 p.m.
Middlesex Country Volunteers Fifes and Drums, Spring

2009 Royal Nova Scotia International Tattoo

Tattoo performances take place at the Halifax Metro Centre at 2:30 p.m. on Wednesday, July 1, Saturday, July 4, and Sunday, July 5. There are 7:30 p.m. performances on Thursday, July 2, Friday, July 4, Monday, July 6, Tuesday, July 7, and on Wednesday, July 8. For tickets and more information, visit ticketatlantic.com or nstattoo.ca

Garden Road, noon to 1 p.m.
Piper and drummer, Spring Garden Road, noon to 1 p.m.
WbMuskorps I, Lunenburg, noon to 1 p.m.
Massed Canadian Air Force Band and the Maritime Centre for African Dance, Doyle Street, 12:30 p.m. to 1:30 p.m.
Cadet Pipes and Drums, Circus Circle, U.K. Brass, Titans Gymnastics and Trampoline Club, IWK, 1 p.m. to 2 p.m.

SATURDAY, JULY 4

Brass Band Workshop, Metro Centre, 10 a.m. to 11:30 a.m.

SUNDAY, JULY 5

Gymnastics Workshop, Metro Centre, 9 a.m. to 10:30 p.m.
Arranging Workshop, 10:30 a.m. to 11:30 a.m.

MONDAY, JULY 6

National Band of the Naval Reserve, Historic Properties, noon to 1 p.m.
Copenhagen Police Band, Tattoo Choir, and the Paris Gymnastic Team, Grand Parade, noon to 1 p.m.

Band of the Ceremonial Guard, Spring Garden Road, noon to 1 p.m.
La Baie en Joie Acadian Dancers, Spring Garden Road, noon to 1 p.m.
RCMP Pipes and Drums, Doyle Street, 12:30 p.m. to 1:30 p.m.

TUESDAY, JULY 7

National Band of the Naval Reserve, Historic Properties, noon to 1 p.m.
Royal Fire Brigade Band, Halifax Grand Parade, noon to 1 p.m.
Royal Band of the Belgian Air Force, Spring Garden Road, noon to 1 p.m.
U.K. Brass, Spring Garden Road, noon to 1 p.m.
Piper and drummer, Spring Garden Road, noon to 1 p.m.
Paris Police Gymnastic Team and WbMuskorps, Doyle St. 12:30 p.m. to 1:30 p.m.

WEDNESDAY, JULY 8

Royal Fire Brigade Band, Historic Properties, noon to 1 p.m.
Middlesex Country Volunteers Fifes and Drums and the Maritime Centre for African Dance, Halifax Grand Parade, noon to 1 p.m.
National Band of the Naval Reserve, Spring Garden Road, noon to 1 p.m.
Tattoo Pipes and Drums, Spring Garden Road, noon to 1 p.m.
La Baie en Joie Acadian Dancers, Park Lane Mall, noon to 1 p.m.
Band of the Ceremonial Guard and Club Piruett, Doyle Street, 12:30 p.m. to 1:30 p.m.

• For more information, visit nstattoo.ca



your event connection





**Halifax Metro Centre congratulates the
Royal Nova Scotia International Tattoo on their 30th Anniversary!**

How To Purchase Tickets:

Charge by phone at (902) 451-1221
At the Halifax Metro Centre Box Office
At participating Super Store Outlets
Online at www.ticketatlantic.com

ticket
atlantic

ticketatlantic.com

Your neighbourhood: Welcome to Spryfield



Councillor Steve Adams may be one of the more fierce defenders of the Spryfield area.

SPOTLIGHT ON SPRYFIELD — For people living in HRM, they're used to hearing one side of the story about Spryfield, painted in the media and spread over the rumour mill.

But if you ask people who live in Spryfield about how they see their community, the other side of the story starts to emerge — they're not shy to tell you how mad they are about how misunderstood they've been as an area.

Councillor Steve Adams may be one of the more fierce defenders of the area. What does he see when he looks at Spryfield: "Community spirit, participation, and appreciation for everything that happens," he lists.

Adams continues to tell an amazing story about how he and a group of business leaders gathered at a local coffee shop two short years ago and made a list of what they wanted to see happen in their community.

The list included some local parks and a recreation centre. The brand new Recreation Centre is now built and almost always fully booked, the parks are completed and Adams was pleased to be in one of them Friday, eating his lunch and sharing the real story of his community. Real Estate has increased by 23 per cent in the last year. Blockbuster, Sobeys and Shoppers Drug Mart have just built new buildings in the area.

>> CONTINUED ON PG.17

Ready to Rumba
DANCE STUDIO

STARTING IN JULY
Salsa with Suzanne and Yoanis
All Levels Welcome * No Partner Required

Pole Dance * Belindance Belly Dance
Fitness * Gyrokinesis * Pilates
Resistance Stretch

444-3129 • 225 Herring Cove Road
info@readytorumba.com
WWW.READYTORUMBA.COM

PHARMASAVE®

*Proudly serving
the community since 1955*

Crowell's Pharmasave
477-4650 • 205 Herring Cove Road



Councillor Steve Adams says he "would love to have an Open Spryfield day, and show off what we're doing here."

>>CONTINUED FROM PG. 16

There are a number of real estate developments underway; including another 1,000 units just off Herring Cove Road, and the community has reemerged as a tight knit group, especially over the last five years.

"I dare people to come out and have a look."

There's so much to see, and you'll also notice the community spirit in every corner. There are flower baskets, this past weekend you'd find people planting flowers along North West Drive, attending the church picnic, or taking in one of the graduations from one of the local schools. And just wait until Canada Day when they have their famous parade says Adams, it's an hour and a half long because of all the local businesses, community groups, kids groups, and school teams who take part.

"It's huge," says Adams.

He grew up in Spryfield. The small community was mostly industrial in the 1950s and '60s. There was farming, logging and some gravel pits, used in the development of roads within the HRM. Later, it became



Businesses in Spryfield.

more of a bedroom community; many of its residents would travel into the city for shopping and work. They originally build the Spryfield mall to draw more shoppers inward, but until recently those efforts struggled. That's changing fast.

He has one theory about why this small-town has rallied and begun so many redevelopment projects. He says once people started to talk about how dangerous the community was, and when it started inheriting this bad reputation, he noticed the community starting to push back.

"I think there's an inherent pride, and when you start to say unfavourable things, they get defen-

sive," says Adams. That's when the business commission started coming back together, when they began looking around and to see where they could improve the community they loved. The difference between this and other communities in the HRM, is that once they identified a plan, they acted. Within five years, the area has completely turned around.

"I would love to have an Open Spryfield day, and showoff what we're doing here," says Adams, mentioning even more projects like the Urban Farm, where kids learn about where food comes from, as examples of why he's so passionate about the area.

Leaving the park, he was on his way to the second graduation of the day. "These kids are amazing," he adds.

Of course, what's at the heart of this area is that people care.

"I love the people," says Adams. "The best example was the fire here in the spring. People were falling over one another to help people they didn't even know. There's more stuff going on here at any given time than any other place in the municipality. Or at least that's how we see it."

SHOPPERS DRUG MART

Dominic Gniewek
B.Sc.Pharm.

D. GNIEWEK PHARMACY
315 Herring Cove Rd
www.shoppersdrugmart.ca

Tel: 902-477-1210



THE EARL FRANCIS SPRYFIELD
MEMORIAL LEGION BR. 152 SUPPORTS
OUR COMMUNITY OF SPRYFIELD

TOUCHSTONE BOOKKEEPING

We manage the books so you can
manage the business.

Full-cycle services including:
Payroll, HST and WCB,
Financial Statements, Personal Income Tax



(P) 902.407.3117

Proud to represent Spryfield!

Megan Leslie
MP for Halifax

Community Office:
Suite 1, 2207 Gottingen St.
Leslie.m@parl.gc.ca
426-8691



RBC Royal Bank®

Book your **FREE** Financial
Review today and ask how you
can earn RBC Rewards Points.

Full Banking services available
Monday - Friday 9:30 am - 5:00 pm

Herring Cove Road Branch • 339 Herring Cove Road

902-421-8494



NAILS

15 Dentith Rd, Halifax 477-4624



In our professional nail care centre,
we're ready to make you feel incredible!
Walk-ins and appointments welcome.

- Acrylic Nails
- Manicure
- Pedicure
- Air Brush Design
- Solar Nails
- Solar Nail Fill
- UV Gel Nails
- UV Gel Fill
- White Tips
- Waxing

Mon-Thurs 9am-8pm, Fri-Sat: 9am-7pm, Sun: 11am-3pm

• Closed for the month of August •

mrs. p's
**HOMESTYLE
BAKERY**

Oatcakes our specialty- wholesale & retail
Wide variety of gifts & crafts

336 Herring Cove Road • 902-479-1293

LumberMart's personal touch

SPOTLIGHT ON SPRYFIELD — Fred Ohern grew up in Spryfield, looking across the road at what was London Supplies, the atypical small town hardware store where you could find whatever you needed on short notice and when you walked in the door, chances are you knew who was behind the counter and they knew you.

When London Supplies first closed, Fred says he remembers thinking "oh, someone will reopen there." After two years past and no one had reopened the store, he and his wife decided to take the plunge.

That was 25 years ago this year.

Ohern opened the location as the LumberMart, and now has two locations — one in Dartmouth and one still in the Spryfield, at the same location at 751 Herring Cove Road. The community has changed, grown and so have many of the faces here too. But what hasn't changed is that when you walk into the LumberMart in Spryfield, chances are the person behind the counter knows you and you know them. By next year, the store will look much different with a planned expansion, but Ohern says nothing will change about their customer service.

"Bill Chaffey is the manager of that location and he's been there for 23 of the 25 years," laughs Ohern. "The only one with more seniority is me. But, most of our staff have been with us for a long time."

The LumberMart is built on quality customer service says Ohern. "We have a 10 second rule. Someone will be over to help within 10 seconds of you entering our stores. If you want mediocre service you can go anywhere. What helps us stand out is our personal touch."

Now it's a family business. His son, who lives in Dartmouth, runs the Dartmouth location at 15 Wright Ave., and Ohern still lives in Sackville where he works. And Ohern clearly loves his community.

He points to the growing business commission — a healthy 248 business leaders — as a great example of what's going right in the area. "We don't only promote the community as a great place to work, but also as a place to live and play."

He says even five years ago, taking a drive down Herring Cove Road looked very different. "There were a lot of boarded up buildings. But now, you see a new Sobeyes, Canadian Tire, and the South Centre Mall has just been purchased. They all see it — this is the next hot area. It's very encouraging."



A graphic detailing what LumberMart will look like after the expansion.

As a business commission, they've become focused and organized, building on what Ohern has seen all along — a fierce loyal community of people who want to see their community grow and thrive, yet maintain its charming small-town feel, despite its proximity to the big city.

He points to the networking group organized by the commission as another example of what's going right. The group meet every second Wednesday at a local café to "chat, catch up and solve most of the world's problems," laughs Ohern. "And trust me, most of the world's problems have been solved there I think."

Ohern and his whole family are looking forward to the next 25 years in their Spryfield store and to watch the growing changes in their community — all for the good.



LUMBER MART



IT ALL STARTED RIGHT HERE IN SPRYFIELD!! CELEBRATING OUR 25TH ANNIVERSARY

Swing-N-Slide PLAYGROUNDS

Model	Includes	Reg. Price	Project Price
EAGLE'S NEST	includes slide	\$497	\$419
PIONEER	includes slide	\$388	\$319
COMPETITOR	includes slide & rocks	\$702	\$597

DOZENS MORE PROJECTS AVAILABLE & IN STOCK
Do-it-Yourself... or let us install it for you!!

GAZEBO KITS

ONLY AT LUMBERMART

REGULAR PRESSURE-TREATED GAZEBO KITS		
9' PTW GAZEBO (GAZ9PTW)		\$1299
9' SCREEN KIT (GAZ9SCREENPTW)		\$499
9' FLOOR KIT (GAZ9FLOORPTW)		\$199
DELUXE PRESSURE-TREATED GAZEBO KITS		
12' PTW GAZEBO (GAZ12PTW)		\$1895
12' SCREEN KIT (GAZ12SCREENPTW)		\$699
12' FLOOR KIT (GAZ12FLOORPTW)		\$399

- Pre-cut*
- Easy-to-assemble
- Pressure-treated
- Comes in a 4' x 8' box

* Some cutting if floor option purchased

We deliver anywhere...ask for details!

More styles and sizes available, go to:
www.lumbermart.ca...Click on product/gazebos

DECKS

By LUMBERMART

DEPTH - OUT FROM HOUSE	8' 10' 12'		
	8'	10'	12'
8'	\$399 (#93900806)	\$529 (#93901008)	\$589 (#93901208)
10'	\$489 (#93900810)	\$599 (#93901010)	\$689 (#93901210)
12'	\$549 (#93900812)	\$689 (#93901012)	\$769 (#93901212)
14'	\$649 (#93900814)	\$799 (#93901014)	\$899 (#93901214)
16'	\$719 (#93900816)	\$889 (#93901016)	\$1019 (#93901216)
18'	\$779 (#93900818)	\$979 (#93901018)	\$1119 (#93901218)
20'	\$859 (#93900820)	\$1079 (#93901020)	\$1219 (#93901220)

ALL STYLES AND SIZES WE GOT 'EM

Choose one of our kits or we can help you design something unique...free estimates!

SUMMER HOURS



Mon - Wed
8am - 6pm
Thurs. & Fri.
8am - 8pm
Saturday
8am - 5:30pm

1000's OF NEW DEALS EVERYDAY...VISIT OUR WEBSITE...

HALIFAX

751 Herring Cove Road, Spryfield, NS
Phone: 477-6500 • Fax/Quotes: 479-0839
Toll-Free: 1-800-922-8204

DARTMOUTH

15 Wright Ave., Burnside Ind. Park
Phone: 468-7772 • Fax/Quotes: 468-0233
Toll-Free: 1-866-711-7772



New centre opening arms to all

SPOTLIGHT ON SPRYFIELD — A trip down Herring Cove Road reveals many new buildings, and signs of development but one particularly hopeful sign is one unassuming new building, where workers are still laying sod and putting the finishing touches on the landscaping, while people wander in and out.

This is the new Salvation Army Family Resource Centre, who recently moved into their new space from the Cornerstone Centre in Graystone.

"The key reasons for the new space included the need for more space. The original space was tiny, and it limited what we could do. Second was location. This is the perfect location and will give the broader area access to the centre like they couldn't before," explains Wendy Birt, major gifts representative with the Salvation Army and volunteer with the centre.

What this centre represents is potential, she explains. New space means room to expand current programs, including newcomers and transition groups, a choral group for elementary school girls, women's groups, an after school kids club, and so much more.

More space also opens the door for new partnerships with more organizations, to develop new programs.

Birt says she's excited for some of the key people behind this new development. Tina Fluke is one she points to who manages the local facility and who has big plans for the facility.

And this has all happened thanks to the leadership of Jim Mercer, pastor of the Spryfield Salvation Army Church.

"Jim has been incredible," says Birt. "It's incredible the progress that was made in the past seven years, an incredible amount of change for our organization and for the community."

All of this hard work now translates into a chance to build more one-on-one relationships with people who need it most.

"That's really the goal," says Birt.

"There's an open door welcome for the community regardless of what background you come from —

"There's an open door welcome for the community regardless of what background you come from — regardless of what socio-economic status you fall into, or ethical background. It doesn't matter."

Jim Mercer, pastor of the Spryfield Salvation Army Church

regardless of what socio-economic status you fall into, or ethical background," Mercer told Metro at the recent opening of the centre. "It doesn't matter."

The Salvation Army is well known as a community agency that can direct folks or provide services when needed most, regardless of economic background. From food, clothing, support, services, if they don't have it on site — they will direct residents where they need to go.

The best example of this perhaps was put to the test earlier than the centre hoped, when they stepped up during the recent fires in Spryfield.

Then again, it's the day-to-day programs that Birt point to as the real magic at the new centre.

"The kids I work with are from such a cross section of families. And we see everyday the impact we can have," she reflects.



The Salvation Army Family Resource Centre recently moved into their new space from the Cornerstone Centre in Graystone.

The Centre is now preparing to welcome new leaders as well. Mercer is leaving for a new post and Lieutenant Rob and Hannah Jeffery are preparing to take over the legacy.

This is the pair's first posting and they've already created a Facebook page to announce their arrival, says Birt.

"They're very eager," says Birt. "We're looking forward to welcoming them."

Michèle Raymond

Member of the Legislative Assembly

Halifax Atlantic

47 Williams Lake Road

Halifax, NS B3P 1S9

(02)477-4100

mhraymondmla@eastlink.ca

www.mhraymond.ca



Proudly serving the areas of Purcell's Cove, Herring Cove, Ketch Harbour, Harrietsfield, Spryfield and surrounding communities since 2003.

Visit www.mhraymond.ca for more information.



SPRYFIELD AND DISTRICT BUSINESS COMMISSION

The Board of Directors
Of the
Spryfield and District Business Commission
On Behalf of our Member Businesses
Would like to thank the
COMMUNITY
For your support over the years
And we congratulate
The 2009 graduating class
Of
J.L. Ilsley High School

SUBWAY
eat fresh.

Proudly Serving the Spryfield Community

• 477-2929 •
336 Herring Cove Rd



Lions Club serving community for years

SPOTLIGHT ON SPRYFIELD – The Spryfield Lions Club is turning over management of the popular and much-used Spryfield Lions, Rink and Recreation Centre to the local community on Tuesday.

It was announced back in March that this would be happening, with a turnover date set for June 30.

The Lions Club has been serving the community of Spryfield for over 50 years and opened the rink back in 1972. In 2006, the facility was given to the Halifax Regional Municipality, along with 10 acres of land. However, the club continued to manage the facility for the community under a formal management agreement.

"The Spryfield Lions, Rink and Community Centre has been, and will continue to be, an active and vibrant hub of activity in the community thanks to the efforts of the club and the legacy they have left us."

Councillor Steve Adams

"Our community owes the Spryfield Lions Club a debt of gratitude, as their positive impact on our lives is immeasurable," area councillor Steve Adams, who represents Spryfield-Herring Cove, said in a HRM release about this news March 2.

With the community now managing the rink, the opportunity has come up for interested members of the community to become involved with a new board of directors for the facility and to help in its direction moving forward.

Some members of the current board are staying on to help out the new board and make sure the transition is a smooth one.

"The Spryfield Lions, Rink and Community Centre has been, and will continue to be, an active and vibrant hub of activity in the community thanks to the efforts of the club and the legacy they have left us," Adams said.



Spryfield fast facts

HISTORY

- The land known as Spryfield was first occupied by the Mi'kmaq people, who hunted and fished at Beaver Lake (now called Long Lake).
- The community gets its name from Captain Lieutenant-General William Spry, who purchased land in the area in 1769. Originally known as Spry's Field, the town is centred around the Captain's former estate. The availability of land suitable for farming, and the relative close proximity to the Halifax market attracted European settlers.

SCHOOLS

- Spryfield's first public school opened in 1859. Its teacher, Elizabeth Sutherland, taught the town's early residents. In 1958, Elizabeth Sutherland Memorial School opened in her honour.
- Schools in Spryfield include J. L. Ilsley High School, Central Spryfield School, Elizabeth Sutherland School, Rockingstone Heights School, Cunard Junior High School and John W. Macleod Fleming Tower School.

SOURCES: WIKIPEDIA.COM, HALIFAX.CA AND HALIFAXPUBLICLIBRARIES.CA

HALIFAX
REGIONAL MUNICIPALITY

Linda Mosher
Councillor, District 17
Purcell's Cove Armadale
Phone: 477-8618
Cell: 476-4117
linda.mosher@halifax.ca



CEMANCO PROPERTIES LIMITED

ROYAL BANK BUILDING, 339 HERRING COVE RD • SINCE 1990

Office space available. For more information on Cemanco contact
Eric Caines Vice president 477-6621

339 HERRING COVE ROAD ROYAL BANK BUILDING

Royal Bank
Dan Weir, Barrister & Solicitor
Dr. Elain Carey, Dentist
Sea Merchants
Capital Health
GateMaster

THANK YOU & WELCOME

Cemanco would like to thank our tenants for their long time support and welcome to all our new tenants that have moved in during the past few months.

349 HERRING COVE ROAD

Spryfield Dental, Dr. M. Ceinplinski
Clyde Paul & Associates Law Firm
Classic Physiotherapy
Cuts of Class
Dave's Body Art *new tenant*
SunSations *new tenant*
Touchstone Bookkeeping *new tenant*
Spryfield Employment Resource Centre *new tenant*
My Smile Lab *new tenant*
GRAF EM Emergency Management *new tenant*



This is the latest move for Crowell's pharmacy as it settles at the corner of Herring Cove Road and Punch Bowl Drive.

New facility but same Crowell's tradition

SPOTLIGHT ON SPRYFIELD — Despite the fact that it's in a brand new building, with new owners and a new name, the Pharmasave on Herring Cove Road will always be known as Crowell's to those who live in Spryfield. And the new owners wouldn't have it any other way.

"We're really excited about the new facility, opened on March 16, and we hope the community will be as well," says John MacIntyre. He and co-owner Andrew Buffet were careful to keep the name and to ensure people in the community knew that when they walk into the doors of the new building, they would still see familiar faces. Some of the staff has been with Crowell's for over 25 years now.

Originally opened in 1955, the pharmacy has had three homes in the Spryfield community. This is the latest move, as it settles well into its new home on the corner of Herring Cove Road and Punch Bowl Drive. The difference is that now the store is much larger, easier to navigate and with a more customer friendly parking lot.

Inside, customers will find a post office, pharmacy, a gift section, large card section and a host of home health care products, in an open space filled with natural light. The wider aisles and lower shelving, along with a welcoming atmosphere will help keep the legacy Crowell began 55 years ago, and continue to meet modern needs.

MacIntyre says he and Buffett were very aware of the history they were inheriting when they purchased the

"Keeping the name stands as a testament to the importance of never forgetting our past and to the responsibility we have to carry the tradition of customer service and community commitment into our future."

John MacIntyre, co-owner of Crowell's

Pharmasave three years ago.

"Keeping the name stands as a testament to the importance of never forgetting our past and to the responsibility we have to carry the tradition of customer service and community commitment into our future. As we make this transition, we want to assure our customers that we are 100 per cent dedicated to providing the same friendly service and conveniences they have come to expect from Crowell's. Customer satisfaction is our priority; just as it has been since 1955."

MacIntyre says he's impressed with the development he's witnessed in Spryfield over the last 10 years. "People understand, this is a great place to do business. There's strong support for businesses here and the people are great."

"It's a great community, and growing. It's great to do work there. We're happy to continue growing to better serve the needs of the area."

Drop by 250 Herring Cove Rd. to see for yourself.

Danielsons WATER N WINE



Wine Kits
starting at
\$37.99

Equipment
Kits from
\$49.99 + tax

Now located next to "Uncle Bucks"

**7 Dentith Rd, 477-9463
COME CHECK US OUT!**

SUNSATIONS
TANNING SALON
404-7866

SPRYFIELDS HOT SPOT TO TAN

NEW LOCATION
349 HERRING COVE ROAD



**Being the smaller funeral home
just means we never stop
increasing the size of our service.**

Some people think that bigger is better, however, that just isn't the case when it comes to funeral homes. Because we're a smaller firm, we can give more personalized service and attention to detail. Be assured that we will respect your family as if you were our own.



J. ALBERT WALKER
FUNERAL HOME
Erin D. Jennings, Managing Director

Proudly serving your community

www.walkerfh.com • 477-5601

MY SMILE LABS
Cosmetic Teeth Whitening

OPENING SPECIALS NOW ON!

Double Session: \$79.99+ tax
Couples Discount: \$140.00+tax

Call today to book your appointment!

349 Herring Cove Rd • 407-6453 • MySmileLabs.com/Halifax

RBC Royal Bank®

Roy Gillis
Mortgage Specialist
Royal Bank of Canada
METRO AREA

Tel: 902.830.4098
Fax: 902.477.7198

roy.gillis@rbc.com
http://mortgages.rbcroyalbank.com/ROY.GILLIS

In the coming weeks Metro's Workology section will be setting its sights on the health industry and all jobs and careers therein. So be sure to read Workology and Metronews.ca/work for the special Head to Toe series.

Workology



Iran academics arrested

According to a website affiliated with defeated Iranian presidential candidate Mir Hossein Mousavi, 70 university professors have been detained in the country in a widespread crackdown on protestors. The site states that 70 members of the Islamic Society of University Professors were arrested after meeting with Mousavi last week.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA



Dr. Mark Peterson, a heart surgeon, stands atop St. Michael's Hospital in downtown Toronto. In his two years at the hospital, he's performed more than 500 heart surgeries.

Mending hearts, one by one

RAHEL BRUSILOV
for Metro Canada



Keeping hearts beating is Dr. Mark Peterson's calling.

The Winnipeg-born heart surgeon, who averages more than 250 surgeries per year at St. Michael's Hospi-

tal in Toronto, says despite the long hours, long surgeries and intense professional challenge, he wouldn't do anything else in the world.

"I feel very lucky to say I love my job — there's nothing else that I'd rather do. If I won the lottery, I would continue to work because

"My advice is fairly simple — do everything you can do to avoid having to see me." Dr. Mark Peterson, Heart Surgeon

being in the operating room, to me, is not work," Peterson said.

Peterson says what motivates him most is the desire to continually improve the field of cardiac surgery with new techniques, new approaches and new solutions to old problems.

"There's always that pressure to make us get better, to innovate. We're in an era now where things are changing all the time — new imaging techniques and less invasive methods are getting people out of hospital sooner. As technology improves and we get better, people's expectations get better," Peterson

said.

Peterson has already performed 500 heart surgeries in his two years of practice at St. Michael's. While the vast majority are pre-planned, carefully orchestrated affairs, he does take on emergency surgeries when needed.

In one particularly memorable case last December, Peterson got a call about an otherwise healthy man in his 50s who was dying from an aortic dissection — the same condition which killed actor John Ritter so suddenly. Peterson raced to the operating room and quickly realized there was no time for a CT scan as the

sac around the man's heart was rapidly filling with blood, threatening to suffocate it. Once he began surgery, Peterson realized the tear in the man's heart was much worse than expected, forcing him to make an instant decision to perform a full reconstruction of one of the heart's main structures (an aortic arch) — an operation which, on a good day, is so complicated that many surgeons don't perform it.

Peterson went ahead and the operation was so successful, the man left hospital hardly a week later and is doing very well. Moments like that are what convince Peterson he picked the right career.

"We pulled this guy out of the grave. I'm pretty proud about that one. All that culmination of your training and expertise to make

Head to Toe

somebody better — it's hard to describe why it's so satisfying, so rewarding, but it is," Peterson said.

If the thought of cardiac surgery scares you, maybe it's time to start living a healthier lifestyle.

"My advice is fairly simple — do everything you can do to avoid having to see me. Quit smoking, eat well and make exercise a mandatory part of your life — it's ultimately a matter of life and death," he said.

For more of the Head to Toe exclusive series check Workology frequently or stop by:

metronews.ca/work



A Rewarding Career for You
Dependable, caring and happy to help. When you become a CAREGiver for Home Instead Senior Care, you make a difference in the lives of seniors. Provide housekeeping, meal preparation and personal care.

Flexible hours and a paid comprehensive training program provided.

Home Instead
SENIOR CARE

to us, it's personal

Each Home Instead Senior Care franchise office is independently owned and operated. © 2009 Home Instead, Inc.

To find out more please call:
902.429.2272
homeinstead.com/3008

yippy!

Congratulations to Point Pleasant Park, Halifax

for being chosen Metro's Kooldest Park, as voted by Metro readers and Kool96.5 FM listeners. Tune in next month to find out the next category of the best Halifax has to Offer!

metro's kooldest
The Best Halifax has to Offer

metro
Do it daily.

Kool 96.5 FM
We Play Anything

Irked? Go to Complaints Are Us

OddJobs

Diane Peters

Metronews.ca/oddjobs



Recently, Jane Steele Moore spent time on the phone with a Toyota dealership. Staff there sold one of her clients a car three years ago, and now

one of the airbags was faulty.

The dealer was refusing to pay for a replacement.

To get a fairer deal, she boned up on airbags by doing research and contacting Transport Canada. After considerable time negotiating, she got the car company to pay for the \$500 airbag — her client had to shell out for labour.

"I was appalled, quite frankly, about this one," says Steele Moore.

A typical tale for a con-

sumer complaint expert.

Steele Moore, 57, began her professional life studying early childhood education, where she learned a lot about human nature. But she soon started working in business and eventually started to realize that customer complaints rarely got their due, and someone should do something about it. Nine months ago, Steele Moore put her idea into practice. She launched Complaints Are Us in Toronto with a small staff, most

of whom work at home.

She and her team — she calls them concierges, while she's the chief complaints officer — tackle product or service complaints on behalf of clients. While Steele Moore won't take on issues of a legal or medical nature, she's overturned faulty credit ratings and got returns on defective mattresses, to name a few.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

LIVE IT UP. HAVE FUN! CELEBRATE CANADA DAY!

MON., JUNE 29ND TO TUES., JUNE 30TH
WE ARE CLOSED CANADA DAY!

\$19.99

- ALL men's swimwear Reg. \$25-\$65
- BAMBOO & MOON BAY
Women's swimwear
Reg. \$24.99-\$49.99
- All beach towels
Reg. \$29.99-\$39.99

\$9.99

ALL kids' swimwear Reg. up to \$35

50% OFF

- ALL patio
& patio accessories
- Summer melamine
& acrylic plates, serveware & drinkware

SAVE 30% AN EXTRA OFF

Clearance-priced

Men's wear, women's intimates,
men's underwear and men's &
women's sleepwear, robes & footwear

Off our last ticketed prices.



*Summer
Beauty*
REWARDS

Receive **80,000** Hbc Rewards credit points
when you make a cosmetics or fragrance purchase of \$50 or more
(before taxes) when you use your Hbc Mastercard® or Hbc Credit card
and **that's enough for a \$10 gift card!** Some exclusions apply. See in-store for details.



the **Bay**

Selection will vary by store. Savings are off our regular prices, unless otherwise specified. Everyday Bay Value, just-reduced, Power Buys, Manager's Specials, licensed departments, Salvati, Vera Wang and Hbc Foundation charity merchandise are excluded. When you see "POWER BUY" or "MANAGER'S SPECIAL" you will know we have found an exceptional deal to pass on to you. We may tell you the COMPARABLE VALUE on the price ticket and/or a sign, so you will see the price another retailer in Canada charges or would likely charge for the same or a comparable value item. Quantities of our Power Buys and Manager's Specials and items located in any "Style Outlet" in-store departments are limited and may vary from store to store - no rainchecks or substitutions. When we say "PRICE CUT", we mean the existing everyday price is being lowered temporarily. See in-store for details.

Bon Jovi and bandmate Richie Sambora have recorded a version of Ben E. King's classic Stand by Me with Iranian superstar Andy Madadian to send a message of global solidarity to the Iranian people who are caught in the midst of debate and protest over the country's recent election. **TVGUIDE.COM**

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Police talk to Jackson doc

A second police interview with the doctor caring for pop star Michael Jackson the day he died yielded no information suggesting the physician committed a crime, the Los Angeles Times reported yesterday.

The Times said an unnamed source close to the police investigation told the newspaper the second interview with Dr. Conrad Murray revealed "no red flag" indicating criminal wrongdoing or the cause of death.

"Investigators say the doctor is in no way a suspect and remains a witness to this tragedy," a spokeswoman for the law firm representing Murray said in a statement that was issued late Saturday after the second interview.

Murray, who rode in the

ambulance from Jackson's home to a hospital after the singer had suffered cardiac arrest Thursday, helped police "identify the circumstance around the death ... and clarified some inconsistencies," said the statement from the law firm Stradely, Chernoff & Alford.

The second meeting between police and Murray, who has offices in Houston and Las Vegas, lasted three hours.

Also yesterday, White House adviser David Axelrod told NBC news television show Meet the Press that U.S. President Barack Obama had written to Jackson's family expressing his condolences.

Jackson's father Saturday urged fans not to despair because the singer "will



In this photo provided by AEG/Concerts West, Michael Jackson and choreographer/director Kenny Ortega rehearse for The This Is It tour on May 6, 2009 in Burbank, Calif.

continue to live on in each and every one of you," and Jackson's family sought a second autopsy beyond the official one, conducted Friday, amid reports about the 50-year-old singer's reliance

on prescription drugs. The celebrity website TMZ.com, which first broke the news of Jackson's death, reported that the second autopsy took place at an undisclosed location

in Los Angeles Saturday afternoon.

The singer of hit songs like Thriller and Billie Jean died suddenly Thursday in a Los Angeles hospital and since then, mystery has shrouded his death.

Questions have centred on what brought on his heart failure. Jackson had not performed in years, but was rehearsing for a series of sold-out, comeback concerts in London starting in July. He was said to be in good health and had passed a physical examination before beginning rehearsals.

But according to media reports, Jackson was injected with narcotic painkiller Demerol before he went into cardiac arrest, and Murray was trying to revive him when paramedics arrived. **REUTERS**

Celeb wish list

The host of I'm a Celebrity...Get Me Out of Here! is already thinking of casting the next season. On Damien Fahey's wish list are Clay Aiken, Lance Bass, Paris Hilton and Lindsay Lohan. **TVGUIDE.COM**

Jackson's Beatles rights at risk

MUSIC Beatles For Sale?

The Fab Four's prized catalogue — specifically 267 songs mostly written by John Lennon and Paul McCartney — is embarking on a long and winding road of ownership uncertainty following the death of Michael Jackson.

The pop singer and Sony Music operated a lucrative joint venture that either owns or administers the copyrights to about 750,000 compositions written by the likes of Bob Dylan, Neil Diamond, Taylor Swift and the Jonas Brothers.

Industry analysts estimate that Sony/ATV Music Publishing is worth at least \$1 billion US, making Jackson one savvy entertainer. His initial investment cost him \$47.5 million in 1985. **REUTERS**

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
6/29/09	31	31	31	ABC News (N)	ABC Wild News	Inside Edition	Chronicle	The Bachelorette (N)				Newlyweds
	7	7	7	ASN The Road to Avonlea		Instant Star	TMZ (N)	Gossip Girl (HDTV)		TwoHalf Men	Big Bang Th	Atlantis
	11	11	11	CBC Coronation St.	Jeopardy!	Triple Sensation	(DVS)	Just for Laughs		CBC News: The National		The Hour
	2	2	2	CBC-F On prend toujours un train		Des squelettes	La Petite vie	Chère Betty (HDTV) (SC)		Bons baisers de France (SC)		Le Téléjournal
	32	32	32	CBS News (N)	Evening News	The Insider (N)	Engagement	How I Met		TwoHalf Men	Big Bang Th	CSI: Miami
	69	69	69	CFMT TVA 18 heures	Sûr-salé	Les Gags	Le Petit Monde	Le Petit Monde		Monk (HDTV) (SC)		TVA 22 heures
	6	6	6	CHIF Entertainment	ET Canada	Cold Blood "Strangler"	House "Big Baby"	House "Big Baby"		Lie to Me "Love Always"		News (N)
	9	9	9	CJCH Corner Gas	Hollywood	CSI: Miami (HDTV)	Law & Order "Rumble"	Law & Order "Rumble"		Law & Order: Criminal Intent		News (N)
	10	10	10	ELTV EastLink Mag.	Women's Soccer	Premiership -- Dartmouth United vs. Halifax Dunbrack (Live)		EastLink Television				
	36	36	36	FOX Deal-No Deal	The Simpsons	TwoHalf Men	TwoHalf Men	House "Big Baby"		Lie to Me "Love Always"		Fox First
	12	12	12	NBC News (N)	NBC News	Hollywood	Extra (N)	Law & Order "Rumble"		Law & Order: Criminal Intent		Dateline NBC
	29	29	29	NW World News	Business	CBC News	Our World	The Hour		CBC News: The National		Frontline
	4	4	4	PBS-B NewsHour With Jim Lehrer	Greater Boston	Chronicles	Antiques Roadshow	Antiques Roadshow		History Detectives (N)		Weight Loss
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Antiques Roadshow	Antiques Roadshow		Anatomy '59: Making		Brief History
	68	68	68	TQS Rire et délire	Chemin du golf	C'une joke	C'une joke	CSI: NY (SC)		Pratique privée (SC)		Donnez
	23	23	23	BNN Business News	Headline	Market Call	Berman's Call	Money Talks		Squeeze Play		Market Call
	18	18	18	CNN Situation Room-Wolf Blitzer	Lou Dobbs Tonight			Campbell Brown (N)		Larry King Live (N)		Cooper 360
	54	54	54	GOLF Golf Central	Top 10	Learning	Lessons	The Golf Fix		Top 10		Lessons
	52	52	52	RSR Sportsnet Connected		Best Damn Top 50 Special		Air Racing '09 Season Preview		Best Damn Sports Show		Sportsnet Con.
	55	55	55	SCOR (6) HSR		Soccer UEFA U-21 Championship Final -- Teams TBA.		(10:15) WWE Monday Night Raw				
	45	45	45	SPD Unique Whips		Pimp My Ride	Pass Time	This Week in NASCAR (N)		SuperCars	SuperCars	Auctions
	53	53	53	TSN Off the Record	SportsCentre	MLB Baseball Tampa Bay Rays at Toronto Blue Jays. From Rogers Centre in Toronto.						SportsCentre
	43	43	43	AMF Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody		Wizards-Place	Life Derek	Ned's School
	44	44	44	TOON Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN		Futurama	Punch	Robot Chicken
	26	26	26	TREE Ni Hao, Kai-lan	Big & Small	Backyardigans	Night Grdn	Max & Ruby		Franklin	League-Evil	Comfy Couch
	27	27	27	TYT iCarly	iCarly	Family Biz	Prank Patrol	Malcolm-Mild		Futurama	Zixx Level	Falcon Beach
	16	16	16	A&E CSI: Miami "Dead Zone"		CSI: Miami "Hard Time"		Intervention (HDTV)		Intervention "Nicole"		Obsessed
	70	70	70	APTN News (N)		Notre Peuple "Tshenu"		Tam		Le Sang du chasseur (1995, Drame)		
	50	50	50	BET 106 & Park: BET's Top 10 Live				Inside Man *** (2006, Suspense) Denzel Washington, Clive Owen.				
	37	37	37	BRVO Street Legal "The Price"		Montreal Jazz Festival		Symphonic Landscapes Kent Nagano.		Beethoven's Hair (2005)		
	25	25	25	CMT Dedicated "Jamie O'Neal" (N)		Cheer Mums	Cheer Mums	Casting Call: The Finalists		Rascal Flatts	Backstage	Rascal Flatts
	49	49	49	COM Laughs	Comedy Now	Air Force	Just for Laughs	Corner Gas		The Simpsons	South Park	Jeffrey Ross
	153	153	153	COURT W-FIVE		World's Wildest Police Videos		Cops Uncut		Dumb Criminal		Jeffrey Ross
	38	38	38	DISC Canada's Worst Driver		Daily Planet (N)		MythBusters		Dirty Jobs		Amer. Loggers
	48	48	48	HGTV Holmes on Homes		House Hunters	Property Virgin	For Rent		Marriage	My First Place	House Hunters
	46	46	46	HIST Tank Overhaul		NCIS "Ravenous"		Tank Overhaul		For King and Country		NCIS
	17	17	17	MM Shot at Love-Tila Tequila		One Tree Hill		Degrassi: TNG		Instant Star		MMVA
	19	19	19	MMM mmtop10.ca		The Daily Fix		I'm a Celebrity...Get Me Out of Here!		Shot at Love-Tila Tequila		Entourage
	201	201	201	M1 (6:30) Disaster Movie		Stargate Atlantis		Sanctuary "Requiem"		Durham County		Nurse Jackie
	48	48	48	OLN The Amazing Race 4		Bounty Hunter	Bounty Hunter	Departures		Survivorman		Bounty Hunter
	51	51	51	PEACH Seinfeld	Friends	Family Guy	Family Guy	House-Payne		Sahara *** (2005, Adventure)		
	206	206	206	PDX (6) Man on the Moon		Blackout ** (1978, Crime Drama)		Books-Film		Interview With the Vampire (1994, Horror)		
	67	67	67	RDI en direct	RDI en direct	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct
	39	39	39	SHOW Trailer Park		Outer Limits "Fear Itself"		Cashing In		Kink in Hair		Lost Behind Bars (2006, Suspense)
	40	40	40	SLICE So Chic		Skin Deep		Newlywed		Newlywed		In Laws
	47	47	47	SPACE Stargate SG-1 (DVS)		Stargate Atlantis		Star Trek: Voyager		Sub Zero (2005, Suspense), Linden Ashby		
	14	14	14	SPRKE Star Wars: Episode I -- The Phantom		Menace ** (1999, Science Fiction)		Liam Neeson.		UFC Unleashed		4th and Long
	98	98	98	STAKE Living the Life	Hollywood	The Ellen DeGeneres Show		TMZ (N)		Look-A-Like		Tonight Show
	21	21	21	TLC What Not to Wear		Little Couple	Little Couple	Jon & Kate Plus 8		Jon & Kate Plus 8 (N)		Cake Boss (N)
	56	56	56	34 TROP North of 60 "Spin Dry"		Once a Thief		Carlawood (N)		Prod. Parker		Smarter
	20	20	20	TVS Que-champion	Journal de Fr2	Clara Sheller		Vie privée, vie publique				Club social
	28	28	28	V Nothing Too Good		Murder, She Wrote		Green Grass		Summer Wine		Protestant
	60	60	60	VIVA Da Vinci's Inquest		Judging Amy		Most Haunted (Part 2 of 2)		SOUL "Seducing Spirits"		The Mix
	22	22	22	W Style by Jory	Style by Jory	How Clean	Friends	How Clean		Kim		The Agents (N)
	251	251	251	WGN Be-Millionaire	Evening News	TwoHalf Men	Family Guy	Gossip Girl (HDTV)		One Tree Hill (HDTV)		WGN News

critics'corner

House

Concerned that she isn't bonding properly with her baby, Cuddy (Lisa Edelstein) gives some of her day-to-day responsibilities to Cameron (Jennifer Morrison), forcing the latter to stand up to House (Hugh Laurie), her former boss. The team takes on the case of a teacher who collapsed after spitting up blood during a class. 9 PM on CHIF, FOX



Beethoven's Hair

Filmmaker Larry Weinstein traces the journey of a lock of hair clipped from Ludwig van Beethoven's head immediately after his death. The lock was passed on from the man who clipped it — conductor Ferdinand Hiller — to his son and through several more hands during and after the Second World War. Its current owners gave several strands to laboratories to be analyzed, yielding interesting insights into the composer's life, personality and death. 10:30 PM on BRVO

The Protestant Revolution
The four-part series on the rise of Protestantism and its influence on Western culture wraps up with "No Rest for the Wicked." Historian Tristram Hunt explores how the Protestant values of thrift and abstinence gave rise to a capitalism and consumerism, bolstered by the belief that wealth was a sign of God's favor. 11 PM on V

Weekdays @ 9pm

101.3 THE BOUNCE

Interactive NINE@9

For June 26th

Lola - High Heels

Karl Wolf - Carrera

Jamie Foxx Ft T-Pain - Blame It

Pitbull - Calle Ocho

3OH!3 - Don't Trust Me

Black Eyed Peas - I Gotta Feeling

Lady Gaga - Paparazzi

Sean Kingston - Fire Burnin

Jeremih - Birthday Sex

WE WANT YOU!

You could guest host the Interactive NINE@9 with Special Ed. Email: special.ed@1013thebounce.com

1013 THE BOUNCE.com

Meester to be a missus?

Is Gossip Girl star Leighton Meester ready to get married? That's what some are saying after the actress and her boyfriend, Sebastian Stan, both changed the relationship statuses on their Facebook profiles to "engaged," according to Page Six. **METRO WORLD NEWS**

**NBC names dates for fall launches**

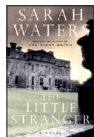
TELEVISION NBC will launch the bulk of its fall schedule during the weeks of Sept. 14 and Sept. 21, the latter marking the official premiere week.

A day after the Sept. 13 kickoff of Sunday Night Football, the network will roll out its most prominent new program, weeknight's The Jay Leno Show. Also debuting that week are the new season of The Biggest Loser (Sept. 15) and NBC's Thursday lineup on Sept. 17.

As previously announced, the network's Thursday schedule will launch with Saturday Night Live Weekend Update Thursday at 8 p.m. and the new comedy Community at 9:30 p.m. following The Office. Following Update's limited prime-time run, Community will move to its regular 8 p.m. slot Oct. 8, with 30 Rock returning for a fourth season in the 9:30 p.m. berth the following week.

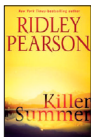
The rest of NBC's series will bow during premiere week, led by Heroes, which will start its fourth season with a Sept. 21 two-hour opener.

THE ASSOCIATED PRESS

An otherworldly presence**The Little Stranger****Author:** Sarah Waters**Publisher:** McClelland & Stewart**Price:** \$32.99 (Hardcover)

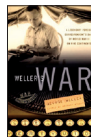
In post-Second World War Warwickshire, England, the ravages of war seen on the battlefield are mimicked in the deteriorating, centuries-old estate Hundreds Hall. When Dr. Faraday is called to the residence,

which is home to the Ayres family, he quickly comes to know its inhabitants: Roddie, scarred after returning from battle; His sister Caroline, set on maintaining Hundreds without its pre-war servants; and their mother, seemingly stuck in the ways of the past. But as he grows closer to the family, Dr. Faraday learns they're not alone in the house, and is gradually consumed by a psychologically thrilling ghost story.

Killer Summer**Author:** Ridley Pearson**Publisher:** Penguin Canada**Price:** \$31 (Hardcover)

Following Killer Weekend and Killer View, American author Ridley Pearson revives his Sheriff Walt Fleming character in Killer Summer. This time around,

Fleming is charged with overseeing the successful execution of a wine auction for the wealthy in affluent Sun Valley, Idaho. With three vintage bottles gifted to John Adams by Thomas Jefferson on the table, Fleming knows he must be on top of his game to ensure the event goes well. But when his instincts lead him to a suspicious passing truck, he gets caught up in a bomb plot and heist perpetrated by someone who seems prepared for every potential foil.

Weller's War**Author:** George Weller**Publisher:** Crown Publishers**Price:** \$34 (Hardcover)

Weller's War is a posthumously released collection of reporting by Pulitzer Prize-winning war journalist George Weller. Edited by his son Anthony, the anthology contains Weller's chronicles of the Second World War from across the world. Weller begins with observations of the early toll of war on Eastern Europe, then moves further afield, reporting on the fall of Singapore, the civil war in Greece and the threat of guerilla incursions in Burma. Throughout, Weller's challenges are communicated in bold detail and his experiences recall the dexterity of war reporting before the advent of near-instant global communication.

— BRIAN COULTON/
FOR METRO CANADA

Fawcett funeral is set for tomorrow in L.A.

MEMORIALS A private funeral for actress Farrah Fawcett will be held tomorrow at 4 p.m. PDT at the Cathedral of Our Lady of the Angels in Los Angeles, according to church officials. Fawcett, 62, a 1970s pop culture icon, died on Thursday after suffering a long and public battle with anal cancer. **REUTERS**

**Spielberg, Smith plan to remake Old Boy**

FILM Steven Spielberg and Will Smith are moving forward with plans for a remake of Old Boy despite a complex, behind-the-scenes rights wrangle involving the Japanese publishers of the original manga and the Korean producers of Park Chan-Wook's 2003 cult hit. Futabasha, publisher of the manga, has filed a case against Show East in Seoul, alleging the Korean company never had the right to negotiate a remake. **REUTERS**

BookPicks

Irwin Lake Chalets

*Mother Nature,
the call of the loons...
And You!*

6 Cozy log chalets with wood stoves, Barbeques, Trails, Playground, Swimming, Fishing, Canoeing, Skating, Cross Country Skiing & much More!

ONLY 8 minutes from town

1866-55-IRWIN (47946)
www.irwinlakechalets.com

Enjoy Nature Year Round

Summer Beauty

REWARDS

Monday, June 29th to Tuesday, June 30th

Receive 80,000
Hbc Rewards credit points
THAT'S ENOUGH FOR A \$10 GIFT CARD!

Receive 80,000 Hbc Rewards credit points when you make a cosmetics or fragrance purchase of \$50 or more (before taxes) when you use your Hbc Mastercard® or Hbc Credit card.

OR Receive 40,000
Hbc Rewards base points
when you make a cosmetics or fragrance purchase of \$50 or more (before taxes)



See in-store for details.



the **Bay**





On Saturday, guitar virtuoso Eddie Van Halen married Janie Liszewski, his girlfriend of three years. The evening ceremony took place at his seven-acre Studio City, Calif., estate. Liszewski walked down the aisle to Van Halen's When It's Love, people.com reports. **METRO NEWS SERVICES**

Celebrity Buzz

Perez crosses line with MJ

FOOT IN MOUTH Perez Hilton is no stranger to controversy, and now many of the stars who he often pals around with have turned on him via Twitter, ripping the celebrity blogger for his posts about Michael Jackson in the moments before his death, popeater.com reports.

After it was reported Jackson had taken to hospital Thursday, Hilton posted a photograph of Jackson with his signature white

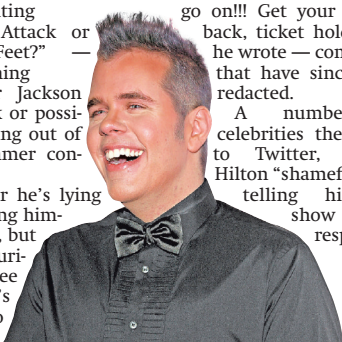
handwriting "Heart Attack or Cold Feet?" — questioning whether Jackson was sick or possibly bailing out of his summer concerts.

"Either he's lying or making himself sick, but we're curious to see if he's able to

go on!!! Get your money back, ticket holders!!!!" he wrote — comments that have since been redacted.

A number of celebrities then took to Twitter, calling Hilton "shameful" and telling him to show some respect.

METRO NEWS SERVICES



Bradley defuses Jen rumours

SETTING RECORD STRAIGHT First they reputedly flirted at a party. Then, June 18, they definitely had dinner together. So, what is going on between Bradley Cooper and Jennifer Aniston?

That was the question put to The Hangover star on Friday at an event in Paris, people.com reports.

Told there had been talk that he and Aniston had been out together, Cooper replied with a laugh: "Who

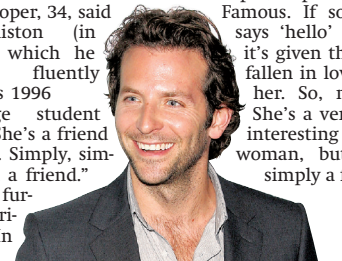
talked about it? It wasn't me. It was someone else."

In a more serious vein, Cooper, 34, said of Aniston (in French, which he speaks fluently from his 1996 exchange student days): "She's a friend of mine. Simply, simply, just a friend."

He further clarified, "In

America, it's not like it is here. She's someone who is super, super known. Famous. If someone says 'hello' to her, it's given that he's fallen in love with her. So, no. No. She's a very, very interesting woman, but she's simply a friend."

METRO NEWS SERVICES



Rihanna and Chris reconnect?

WHAT RESTRAINING ORDER? Chris Brown and Rihanna are ready to move on now that he has pleaded guilty to assaulting the singer back in February. In fact, the pair reportedly wants the court order barring them from contacting each other, according to the New York Daily News.

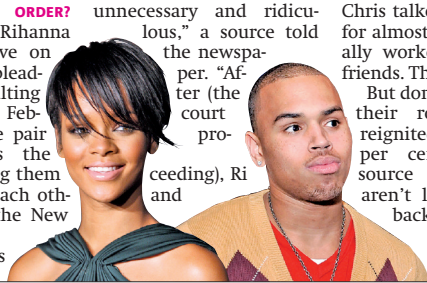
"They think it's

unnecessary and ridiculous," a source told the newspaper. "After the court proceeding, Ri and

Chris talked on the phone for almost an hour and really worked at becoming friends. They're solid now."

But don't go looking for their romance to be reignited. "That's 100 per cent done," the source added. "They aren't looking to hook back up again."

METRO WORLD NEWS



Pals come to Madge's aid

CELEBRITY NETWORK Rocker Lenny Kravitz supported Madonna throughout her campaign to adopt Mercy

James from Malawi — even lending the pop superstar his mansion in France while she dealt with the legal issues, femalefirst.co.uk reports.

Her pal Kravitz says he stepped in to help the star during her ordeal,

letting Madonna stay at his home as she fought to make Mercy a member of her family. "It has been tough for Madonna," he said. "But she's doing good. She's been staying in France while it was going on. I'm glad it's worked out."

METRO NEWS SERVICES



Farrah's jailed son OK'ed to attend funeral

FAMILY Redmond O'Neal, the only son of Farrah Fawcett and Ryan O'Neal, was stuck in jail when his mother passed away, but prison officials have granted him permission to attend her funeral, according to Radar Online. Redmond will be allowed to wear a suit instead of the usual prison scrubs, but he will still be handcuffed. He is serving a sentence for multiple drug-related charges.



Not ready to strip yet: Hayden

TAKING IT SLOW Hayden Panettiere doesn't have any immediate plans to go naked onscreen any time soon, but she isn't ruling it out.

"I'm cool with my body, and I'm cool running around undressed and all that stuff, but there are just certain things that not everyone needs to know, that you need to keep somehow private and personal to you," the Heroes star told E! News.

"But you never know, you never know. I could be 30 years old and just be like, 'Screw it — I want to take it all off. I better take a picture of this baby before it all goes.'"

METRO WORLD NEWS



YOU COULD

WIN

1 OF 10 COPIES OF THE CODE ON DVD!

ENTER FOR YOUR CHANCE TO WIN!
metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes June 3, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca.

metro

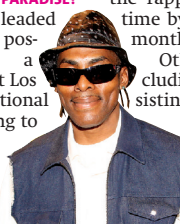
Coolio headed to rehab

THIS IS GANGSTER'S PARADISE? Coolio has pleaded guilty to cocaine possession after a March 6 arrest at Los Angeles International Airport, according to media reports.

A spokesperson for prosecutors says that

the rapper will avoid jail time by attending an 18-month rehab program. Other charges including battery and resisting arrest were dropped in exchange for his guilty plea.

METRO WORLD NEWS



THE SUN HUT INC.

The Best Tan isn't under the Sun...

GRAD PACKAGE: \$70 tx incld.

- 11 sessions, eye wear, twilight teeth whitening, \$10 off Illusions Hair Salon*

*valid until 6/30/09

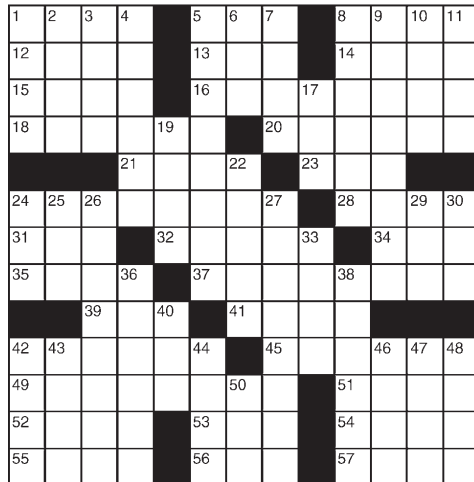
Appts & Walk-Ins Welcome!
Now with two great locations to serve you:

406-1301 171 Main St, Dartmouth	435-1300 5 Cumberland Drive, Unit 5, Cole Harbour
---	---

Swedish Beauty **Sun for Life** **TANNING...**
LOOK GOOD. FEEL GREAT!

For more delicious Metro recipes, visit: metronews.ca/food

Take Five



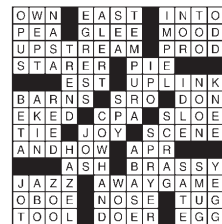
Crossword across

- 1 Recedes
5 Mandible
8 "Airplane!" autopilot
12 Goose egg
13 Yoko of music
14 Cornfield invader
15 Authentic
16 Football break
18 Aft
20 Got lathery
21 Stereo alternative
23 Wildebeest
24 Interim
28 Therefore
31 Donkey
32 Navy elite
34 Sawbuck
35 Grand story
37 HBO rival
39 Also
41 Blue shade
42 Teeming
45 Diamond ref
49 Work-when-you-want set-up
51 Mid-March date
52 Exceptional
53 — Francisco
54 Tide type
55 Newspaper page
56 Choose, with "for"
57 Smelly

Crossword down

- 1 Poet Pound
2 Honey bunch?
3 Neighbour's kid?
4 Grave
5 Hospital gowns
6 Literary collection
7 Three Little Pigs' pursuer
8 Gasoline rating number
9 Brahma, Vishnu and Shiva, collectively
10 Heavy book
11 Didn't pay yet
17 Visibility hindrance
19 Deteriorates
22 Nebraska city
24 West of Hollywood
25 Kreskin's claim
26 So to speak
27 Silver-tongued
29 Jewel
30 Individual
33 Has done laps in the pool
36 Wheedled
38 Recording
40 Table scrap
42 Frizzy hairdo
43 Be openhanded with?
44 Soybean paste
46 Notion
47 Paper quantity
48 Catch sight of
50 Atlas page

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	3	7	2	9	5	8	1	6
6	5	8	3	7	1	9	2	4
2	1	9	4	8	6	3	5	7
7	9	4	5	3	2	1	6	8
1	2	5	8	6	4	7	9	3
3	8	6	7	1	9	5	4	2
5	7	2	1	4	3	6	8	9
8	6	1	9	2	7	4	3	5
9	4	3	6	5	8	2	7	1

Find today's answers + play more games at metronews.ca

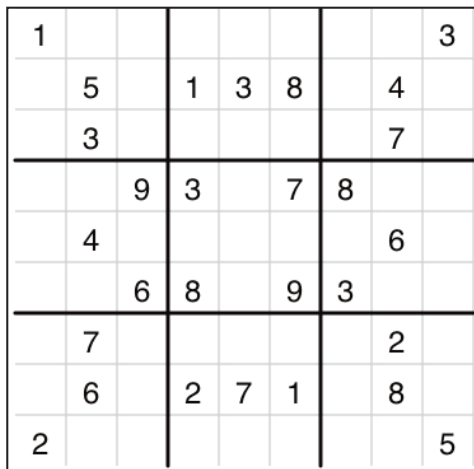
SUDOKU SOLVE TIME:

- Under 13 minGenius
13-17 minScholar
17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Turkish Bread with Feta and Vegetables

INGREDIENTS:

- 4 tomatoes, diced
1/4 cup (50 ml) tomato paste
2 garlic cloves, crushed
1 Turkish bread, halved horizontally
1 tbsp (15 ml) finely chopped fresh rosemary
1 tsp (5 ml) fennel seeds
1/4 cup (50 ml) olive oil
1 eggplant, thinly sliced widthways
1 red pepper, deseeded and cut into thin strips
1 yellow pepper, deseeded and cut into thin strips
1 tbsp (15 ml) cider vinegar
1 tsp (5 ml) sugar
6 scallions, halved widthways and cut into strips
3-1/2 oz (100 g) feta cheese, drained and finely crumbled
- METHOD:**
1. Heat oven to 460 F (240 C). Mix tomatoes, tomato paste and half the crushed garlic in large bowl. Spread over bread and set aside. In same bowl, combine rosemary, fennel seeds, olive oil and remaining garlic.
2. Lay eggplant slices and pepper strips on baking

tray and brush sparingly with herb oil mixture. Bake 8 minutes until slices are just beginning to soften. Turn and bake further 8 minutes. Remove from oven and reduce temperature to 425 F (220 C).
3. Stir cider vinegar and sugar into remaining oil. Add scallions and some pepper to season. Add pepper strips and mix well.
4. Top bread with half the mixed pepper mixture, cover with overlapping eggplant slices, then pile remaining pepper mixture on top, drizzling over remaining herb oil from bowl. Place bread on baking tray that was used for roasting vegetables. Top with feta, pressing down lightly with fork, and bake 10-15 minutes until feta is golden and vegetables are browned. Cut each piece of bread into four and serve two pieces per portion.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20

Make it your aim this week to please other people, especially those closest to you emotionally. Go out of your way to help them feel good.

LIBRA

SEPT 23-OCT 23

Your professional position is in a state of flux at the moment. But by the end of this week you'll be on top of the heap, so keep climbing.

TAURUS

APRIL 21-MAY 21

You may not have a care in the world at the moment but don't overdo it. It's your body you should be thinking about now: Put your wellbeing first.

SCORPIO

OCT 24-NOV 22

You're in the mood to be outrageous and what you do in the next few days will shock those of a nervous disposition. Don't let their disapproval stop you.

GEMINI

MAY 22-JUNE 21

This is certainly a lucky time of the year for you but don't take anything for granted. Plan well ahead and don't entrust important details to other people.

SAGITTARIUS

NOV 23-DEC 21

Before going ahead with spending plans it might be good to let partners and loved ones know what you're up to: They could have some good advice.

CANCER

JUNE 22-JULY 22

No doubt you have big plans but you also have limits and your number one priority as the week begins is to recognize what they are.

CAPRICORN

DEC 22-JAN 20

If you want to move beyond what you've achieved, work with people who share your objectives. That applies to both your private life and career.

LEO

JULY 23-AUG 23

You can sense that a number of things are coming to an end. Their passing is creating room in your life for more important aims and ambitions.

AQUARIUS

JAN 21-FEB 18

You've just been through a hectic weekend, so slow down a bit and catch your breath before you embark on your next big endeavour.

VIRGO

AUG 24-SEPT 22

You expect to accomplish great things but there is a danger you might put so much pressure on yourself that you feel defeated before you have even begun.

PISCES

FEB 19-MARCH 20

If you are ambitious you will find favour with important people over the next few days. Just be careful you don't take on too many things.

WORDY GURDY®

BY TRICKY RICKY KANE

1. Repair inexpensive ballpoint pens (1)
2. Censor "Doubt" actress Meryl (1)
3. Apply a rosy cosmetic in haste (1)
4. "Idol" host Seacrest's jungle cats (2)
5. Comic Murphy's regular girlfriends (2)
6. Day-off giver to a tired court clown (2)
7. Damages-paying obligation chance of success (5)
- ANSWERS:
1. FIVE BILLS 2. BLEEP STREET 3. RUSH BLUSH 4. RAVAN LIONS
5. EDIES STEADIES 6. JESTER RESTER 7. RUSH BLUSH 8. RAVAN LIONS

HAKIM OPTICAL
2 PAIR
Hakim Designer Eyeglasses
\$199
FROM
Including Single Vision and Regular Bifocals. Regular price \$300.

Over 150 Discount Outlets... 110 One Hour In-Store Labs
For nearest location call: 1-877-524-2020 • www.hakimoptical.ca

FLIGHT CENTRE Unbeatable

LONDON STARTER
FROM **\$529**
+ taxes & fees \$406
INCLUDES roundtrip airfare and first 3 nights
3-star central accom breakfast.

1 866 967 5402 | flightcentre.ca

Conditions apply. Ex. Halifax. Package prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change.

HYUNDAI™

SMART

ADVANTAGE

LOWER PRICES ~~OR~~ WITH 0% PURCHASE FINANCING

AND



SMART ON GAS.

2009 ACCENT L 3DR

LAST YEAR'S STARTING PRICE

~~\$13,595~~

NOW FROM

\$9,995*

WITH

0%

PURCHASE
FINANCING
FOR 36 MOS. 

GL Sport model shown



2009 ELANTRA L

LAST YEAR'S STARTING PRICE~~\$15,845~~

NOW FROM

\$11,995*

WITH

0%

**PURCHASE
FINANCING
FOR 36 MOS.**

GL with Sport Package model shown



GL with Sport Package
model shown

THE ALL-NEW COMPACT 5-DOOR

2009 **ELANTRA TOURING L**

NOW FROM

\$14,995[†]

WITH

1.9%

**PURCHASE
FINANCING
FOR 60 MOS.** 

- BEST-IN-CLASS INTERIOR ROOM*

**SMART**

SHOPPERS ALWAYS COMPARE PRICE, VALUE AND FUEL ECONOMY



OREGON'S
DRIVING HIGHER STANDARDS

**DARTMOUTH
HYUNDAI**

5 YEAR
100,000 KM
WARRANTY

COMPREHENSIVE LIMITED WARRANTY*

60 Baker Dr, Unit D • Dartmouth, NS, B2W 6L4 • Phone: (902) 465-7500 • Fax: (902) 464-0485

[†]The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. *Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Accent L 3.0*/2009 Elantra L 2009/2009 Elantra GL Sport of \$14,395/2009 Elantra GL Sport Package 5-speed of \$17,995. Delivery and Destination charges of \$1,495/\$1,495, insurance, license fees and all applicable taxes. †P.D.E., registration charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Starting prices for model shown: 2009 Elantra Touring GL with Sport Package 6-speed of \$21,195. Price includes Delivery and Destination charge of \$1,495, applicable taxes, insurance, registration and all taxes. ‡Purchase financing available O.A.C. from Hyundai Financial Services or 2009 Accent/2009 Elantra Touring models with Sport Package 6-speed of \$19,995 per month for 36 months for a total obligation of \$14,395. Example price excludes registration, insurance, license fees and all applicable taxes. †Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order quantity limited. ‡Eligible customers only. †Eligible customers only. ‡Eligible customers only. †Eligible customers only.